

Just Another Day

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: EWS Winson (MY) - August 2017
音乐: Just Another Day - Lady Gaga



Intro: 16 counts in (approx. 12 sec)

#1 (1-8) R Forward Press, R Heel Twist Out & In, R Hitch, R Coaster Step, L Forward Shuffle, R Mambo ½ (R) with R Forward

1&2& Weight on LF: Press RF forward (1), twist R heel out (&), twist R heel in (2), lift up R knee beside LF (&) 12.00
3&4 Step RF back (3), close LF next to RF (&), step RF forward (4) 12.00
5&6 Step LF forward (5), step RF next to LF (&), step LF forward (6) 12.00
7&8 Rock RF forward (7), recover weight on LF (&), turn ½ R stepping RF forward (8) 6.00

#2 (9-16) L-R Rumba Box, L Back & R Forward Kick, R Back & L Forward Kick, L Coaster Step

1&2 Step LF to L side (1), close RF beside LF (&), step LF forward (2) 6.00
3&4 Step RF to R side (3), close LF beside RF (&), step RF back (4) 6.00
5&6& Step LF back (5), kick RF forward (&), step RF back (6), kick LF forward (&) 6.00
7&8 Step LF back (7), close RF next to LF (&), step LF forward (8) 6.00

#3 (17-24) R Forward Mambo, L Back Mambo, R Side Rock Cross, L Back, R Side, L Cross, R Side Point

1&2 Rock RF forward (1), recover weight on LF (&), close RF beside LF (2) 6.00
3&4 Rock LF back (3), recover weight on RF (&), close LF beside RF (4) 6.00
5&6 Rock RF to R side (5), recover weight on LF (&), cross RF over LF (6) 6.00
&7&8 Step LF back (&), step RF to R side (7), cross LF over RF (&), point R toes to R side (8) 6.00

#4 (25-32) R Pivot ½ (L) with R Forward, L Pivot ½ (R) with L Forward, Full Turn (L), R Forward, L Mambo ½ (L)

1&2 Step RF forward (1), turn ½ L over L shoulder (&), step RF forward (2) 12.00
3&4 Step LF forward (3), turn ½ R over R shoulder (&), step LF forward (4) 6.00
5&6 Turn ½ L stepping RF back (5), turn ½ L stepping LF forward (&), step RF forward (6) 6.00
7&8 Rock LF forward (7), recover weight on RF (&), turn ½ L stepping LF forward (8) 12.00

#5 (33-40) R Syncopated Side Weave, R Side Point, R Cross Shuffle, ¼ (R) with L Back, R Side

1-2&3 Step RF to R side (1), cross LF behind RF (2), step RF to R side (&), cross LF over RF (3) 12.00
4 Point R toes to R side (4) 12.00
5&6 Cross RF over LF (5), step LF to L side (&), cross RF over LF (6) 12.00
7-8 Turn ¼ R stepping LF back (7), step RF to R side (8) 3.00

#6 (41-48) 1/8 (R) with L Forward Shuffle, ¼ (L) with R Forward Shuffle, 3/8 (R) with L Back, ¼ (R) with R Side, L Cross Rock Side

1&2 Turn 1/8 R stepping LF forward (1), close RF next to LF (&), step LF forward (2) 4.30
3&4 Turn ¼ L stepping RF forward (3), close LF next to RF (&), step RF forward (4) 1.30
5-6 Turn 3/8 R stepping LF back (5), turn ¼ R stepping RF to R side (6) 9.00
7&8 Cross rock LF over RF (7), recover weight on RF (&), step LF to L side (8) 9.00

#7 (49-56) R Forward Kick, R Cross, L Back Tap, L Back, R Forward Kick, R Side, L Forward Kick, L Cross, R Back Tap, R Back, L Forward Kick, L Side, R Cross Shuffle

1&2& Kick RF forward (1), cross RF over LF (&), tap L toes behind RF (2), step LF back (&) 9.00
3&4& Kick RF forward (3), step RF to R side (&), kick LF forward (4), cross LF over RF (&) 9.00

5&6& Tap R toes behind LF (5), step RF back (&), kick LF forward (6), step LF to L side (&) 9.00
7&8 Cross RF over LF (7), step LF to L side (&), cross RF over LF (8) 9.00

#8 (57-64) L-R Side Rock Cross, ¼ (R) with L Back, R Hitch, ½ (R) with R Forward, L Hitch, L Forward Shuffle

1&2 Rock LF to L side (1), recover weight on RF (&), cross LF over RF (2) 9.00
3&4 Rock RF to R side (3), recover weight on LF (&), cross RF over LF (4) 9.00
5&6& Turn ¼ R stepping LF back (5), lift R knee up (&), turn ½ R stepping RF forward (6), lift L knee up (&) 6.00
7&8 Step LF forward (5), step RF next to LF (&), step LF forward (6) 6.00

Contact: winsonews@gmail.com - Tel: 60172790733
