

# Life's About to Get Good

COPPER KNOB  
BY STEPHEN

拍数: 48      墙数: 4      级数: Improver  
编舞者: Diana Dawson (UK) - August 2017  
音乐: Life's About To Get Good - Shania Twain : (Album: Now, DeLuxe - Amazon & iTunes)



## #Intro: 16 counts

### S1: Right side rock, Recover, Sailor Cross, Side rock, Recover, Sailor Step

1-2            Rock Right to Right side. Recover onto Left  
3&4            Step Right behind Left. Step Left to Left side. Cross Right over Left  
5-6            Rock Left to Left side. Recover onto Right  
7&8            Step Left behind Right. Step Right to Right Side. Step Left to Left side

### S2: Heel Switches, Step, Pivot Half Turn, Syncopated Jazzbox Cross, Side

1&            Tap Right Heel forward. Step Right beside Left  
2&            Tap Left heel forward. Step Left beside Right  
3-4            Step forward on Right. Pivot Half turn Left (weight onto Left) (6:00)  
5-6            Cross Right over Left. Step back on Left  
&7-8          Step Right to Right side. Cross Left over Right. Step Right to Right side

### S3: Rock back, Recover, Heel Ball Cross, Heel Ball Cross, Side Rock, Recover

1-2            Rock back on Left slightly behind Right. Recover onto Right  
3&4            Dig Left heel diagonally forward Left. Step Left in place. Cross Right over Left  
5&6            Dig Left heel diagonally forward Left. Step Left in place. Cross Right over Left  
7-8            Rock Left to Left side. Recover onto Right

### S4: Coaster Quarter turn, Shuffle forward, Rock forward, Recover, Coaster step

1&2            Quarter turn Left stepping back on Left. Step right beside Left. Step forward on Left (3:00)  
3&4            Step forward on Right. Step Left beside Right. Step forward on Right  
5-6            Rock forward on Left. Recover onto Right  
7&8            Step back on Left. Step Right beside Left. Step forward on Left

### S5: Rock forward, Recover, Half Turn Shuffle, Half turn shuffle, Rock back, Recover

1-2            Rock forward on Right. Recover onto Left  
3&4            Shuffle Half turn Right stepping forward Right, Left, Right (9:00)  
5&6            Shuffle Half turn Right stepping back Left, Right, Left (3:00)  
7-8            Rock back on Right. Recover onto Left

**Option: Steps 3&4-5&6 – Right shuffle back, Left shuffle back – no turning**

### S6: Rock side, Recover, Cross shuffle, Rock side, Recover, Sailor step

1-2            Rock Right to Right side. Recover onto Left  
3&4            Cross Right over Left. Step Left to Left side,. Cross Right over Left  
5-6            Rock Left to left side. Recover onto Right.  
7&8            Step Left behind Right. Step Right to Right side. Step Left to Left Side

## Start Again

**TAG; At the end of Wall 1 (3:00), Wall 3 (9:00) and Wall 5 (3:00) (every side wall)**

### Jazzbox Cross

1-4            Cross Right over Left. Step back on Left. Step Right to Right side. Cross Left over Right

**Ending: At the end of Wall 7 (facing 9:00) change the final Sailor step to a Sailor quarter turn Right to finish the dance facing front!**

**Thank you to JoAnn from Arizona USA for suggesting this song!**

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