Woman Is Not Wrong



拍数: 96 墙数: 1 级数: Phrased Beginner

编舞者: BM Leong (MY) - August 2017

音乐: Nu Ren Mei You Cuo (女人没有错) (DJ何鹏版) - Wang Jianrong (王建荣) & Situ

Lanfang (司徒蘭芳)



Sequence of dance: ABC/ABC/ABC/CC(25-32)A

Start the dance after 16 or 32 counts depending on the music used.

(A) 32 counts

AS1 SIDE, TOUCH, SIDE, TOUCH, ROCKING CHAIR 1/4 TURN RIGHT 1-2 Step R to right side waving hands to right, touch L together 3-4 Step L to left side waving hands to left, touch R together 5-6 Rock R forward crossing hands in front, recover onto L

7-8 Turning 1/4 right rock R back opening hands to sides, recover onto L

AS2, AS3 & AS4 - repeat AS1

(B) 32 counts

BS1 FORWARD - SLIDE BACKWARD X 4

1-2	Step R forward swinging right palm up to shoulder level, slide R backward lifting L
3-4	Step L forward swinging left palm up to shoulder level, slide L backward lifting R
5-6	Step R forward swinging right palm up to shoulder level, slide R backward lifting L
7-8	Step L forward swinging left palm up to shoulder level, slide L backward lifting R

BS2 CHINESE JAZZBOX, RIGHT ROLLING VINE, TOUCH

1-2	Step R forward	I point left hand to left side,	e, cross L over R pointing right hand to right sid	е
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3-4 Step R back placing hands on hips (akimbo), step L to left side

5-8 Right rolling vine on RLR, touch L together

BS3 FORWARD - SLIDE BACKWARD X 4

1-2	Step L forward swinging left palm up to shoulder level, slide L backward lifting R
3-4	Step R forward swinging right palm up to shoulder level, slide R backward lifting L
5-6	Step L forward swinging left palm up to shoulder level, slide L backward lifting R
7-8	Step R forward swinging right palm up to shoulder level, slide R backward lifting L

BS4 CHINESE JAZZBOX, LEFT ROLLING VINE, TOUCH

1-2	Step L forward point right hand to right side, cross R over L pointing left hand to left side
3-4	Step L back placing hands on hips (akimbo), step R to right side

5-8 Left rolling vine on LRL, touch R together

(C) 32 counts

CS1 CHARLESTON, SIDE, TOGETHER, SIDE, TOUCH

1-2	Step R forward swinging both hands forward and up, kick L forward
3-4	Step L back swinging both hands to the back, touch R back

5-6 Step R to right side, step L together7-8 Step R to right side, touch L together

(For counts 5-8, do small clockwise circles with both hands)

CS2 CHARLESTON, SIDE, TOGETHER, SIDE, TOUCH

1-2 Step	L forward swinging	both hands	forward and	up. kick R forward

3-4 Step R back swinging both hands to the back, touch L back

5-6 Step L to left side, step R together
7-8 Step L to left side, touch R together
(For counts 5-8, do small anti-clockwise circles with both hands)

CS3 BACK-TOUCH X 4

1-2	Step R back turning body to face right diagonal with left hand pointing forward and right hand pointing to the back, touch L together and clap
3-4	Step L back turning body to face left diagonal with right hand pointing forward and left hand pointing to the back, touch R together and clap
5-6	Step R back turning body to face right diagonal with left hand pointing forward and right hand pointing to the back, touch L together and clap
7-8	Step L back turning body to face left diagonal with right hand pointing forward and left hand pointing to the back, touch R together and clap

CS4 RIGHT SIDE MAMBO, HOLD, LEFT SIDE MAMBO, HOLD

1-2	Step R to right side raising both hands above head, recover onto L
3-4	Step R together lowering hands sideways, hold
5-6	Step L to left side raising both hands above head, recover onto R
7-8	Step L together lowering hands sideways, hold

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