

Feels

拍数: 32 墙数: 4 级数: Beginner
编舞者: Meiske Pamaputera (INA) - August 2017
音乐: Feels by Calvin Harris



Intro : 32 count - Sequence : 32 – 32 – 32 – 32 – 32 – 32 – Tag – Tag – 32 -32

Right Out, Left Out, Sway Right, Left, Right, , ¼ Turn Left Step Lock

1-2 Step Right to Right, Step Left to Left
3&4 Sway Right. Left, Right
5-6 ¼ Turn Left Step Left forward, Step Right behind Left
7&8 Step Left forward, Step Right behind Left, Step Left forward (09;00)

Rock, Recover, Coaster Right, Rock Left, Recover, Shimmy back

1-2 Right Rock forward, Recover on Left
3&4 Step Right back, step Left next to Right, Step Right slightly forward
5-6 Left Rock forward, Recover on Right
7&8 Run back on Left, Right, Left

Step Right back, Hip, Step Left back, Hip, Walk forward

1&2 Step Right back (1) Hip up and down (&2)
3&4 Step Left back (3) Hip up and down (&4)
5-8 Walk forward on Right, Left, Right, Left

Vaudeville Right & Left

1-2 Step Right to Right, Cross Left behind Right,
&3 Step Right to Right, Touch Left Heel forward to Left Diagonal,
&4 Step Left back, Cross Right over Left
5-6 Step Left to Left, Cross Right behind Left
&7 Step Left to Left, Touch Right Heel forward to Right Diagonal,
&8 Step Right back, Cross Left over Right

Start again & Enjoy

Tag after Wall 6 : 32 count- Start facing 06 :00 ends at 06;00

(1-8): 3 Walk forward, ½ Turn Left, 3 Walk forward, ¼ Turn Left

1-4 Step forward on Right, Left, Right, ½ Turn Left stepping on Left (12;00)
5-8 Step forward on Right, Left, Right, ¼ Turn Left stepping on Left (09 :00)

(9- 16) : 3 Walk forward, ½ Turn Left, 3 Walk forward , ¼ Turn Left (12:00)

(17-24): 3 Walk forward , ½ Pivot Turn, 3 Walk forward, ¼ Turn Left. (03:00)

(25 -32): 3 Walk forward , ½ Pivot Turn, 3 Walk forward, ¼ Turn Left. (06:00)

Contact: www.meiske.net, www.sagitadance.com,