

Your Plans

COPPER KNOB
BY SHEETS

拍数: 24 墙数: 2 级数: Absolute Beginner
编舞者: Roz Harris (UK) - August 2017
音乐: Slow Hands - Niall Horan



#32 Count Intro From The "Woo", Approx 14 Seconds

SECTION 1: RIGHT HEEL DIG (X2), COASTER STEP, LEFT HEEL DIG (X2), COASTER STEP

1-2 Dig (touch) right heel forward twice
3&4 Step back on right, step left together, step right forward
5-6 Dig (touch) left heel forward twice
7&8 Step back on left, step right together, step forward on left (12 o'clock)

SECTION 2: WALK ¼ TURN LEFT, SHUFFLE FORWARD, LEFT MAMBO FORWARD, RIGHT MAMBO BACK

1-2 Step right turning 1/8 left, Step left turning 1/8 left (9 o'clock)
3&4 Step right forward, step left together, step right forward
5&6 Rock left forward, recover onto right, replace left next to right
7&8 Rock right back, recover onto left, replace right next to left

SECTION 3: JAZZ BOX ¼ TURN LEFT WITH TOUCH, RIGHT SIDE MAMBO, LEFT SIDE MAMBO

1-2 Cross left over right, step right back
3-4 Turn a ¼ left stepping left to left side, touch right toe next to left foot (6 o'clock)
5&6 Rock right to right side, recover on to left and replace right next to left
7&8 Rock left to left side, recover on to right and replace left next to right

Start again and enjoy – NO Tags Or Restarts.
