

Rhinestone Reloaded

拍数: 80 墙数: 4 级数: Phrased Easy Intermediate
编舞者: Kathrin, Lena, TFDSabine (DE), Ulrike & Ute - August 2017
音乐: Rhinestone Cowboy (feat. Glen Campbell) - Rikki & Daz



Phrases: A-B-B-A-B-B-A-B-B-B-B-C

Notes:

The dance begins 8 counts after the beat sets in (after the „Yiiehaa“).

The A-Part is danced during the hip-hop-style singing of Rikki & Daz, part B always begins with Glen Campbell's entry, when he sings „Like a Rhinestone Cowboy“.

The ending is towards 12 o'clock, facing a (virtual) audience.

Part A: 48 counts

A1: Syncopated Splits („Out-Out-In-In“), 2x Kick-ball-change

- 1-2 Set R heel diagonally forwards, set L heel diagonally forwards
- 3-4 Bring RF back, set LF beside RF
- 5&6 Kick forwards with RF, set RF beside LF taking weight on RF, bring weight back to LF
- 7&8 Kick forwards with RF, set RF beside LF taking weight on RF, bring weight back to LF

A2: Chassée R, Rockback, Chassée L, Rockback

- 1&2 RF step to the right, bring LF up to RF, RF step to the right
- 3-4 Step back with LF while taking weight off RF, bring weight back to RF
- 5&6 LF step to the left, bring RF up to LF, LF step to the left
- 7-8 Step back with RF while taking weight off LF, bring weight back to LF

A3: * Syncopated Splits, 2x Kick-ball-change ¼ turn

- 1-2 Set R heel diagonally forwards, set L heel diagonally forwards
- 3-4 Bring RF back, set LF beside RF
- 5&6 Kick forwards with RF, set RF beside LF taking weight on RF doing a ¼ turn to the left, bring weight back to LF
- 7&8 Kick forwards with RF, set RF beside LF taking weight on RF doing a ¼ turn to the left, bring weight back to LF

A4: Chassée R, Rockback, Chassée L, Rockback

- 1&2 RF step to the right, bring LF up to RF, RF step to the right
- 3-4 Step back with LF while taking weight off RF, bring weight back to RF
- 5&6 LF step to the left, bring RF up to LF, LF step to the left
- 7-8 Step back with RF while taking weight off LF, bring weight back to LF

Afterstart: repeat once starting from * (Repeat A3+A4)

Part B: 32 counts

B1: Step forwards R, Tip L, Step forwards L, Tip R, Jazzbox- ¼ turn

- 1-2 Step forwards on RF, tip toe of LF to the left
- 3-4 Step forwards on LF, tip toe of RF to the right
- 5-6 Cross RF over LF, step back on LF
- 7-8 Step RF to the right doing a ¼ turn to the right, cross LF over RF

B2: Side RF, behind LF, & side RF, cross LF, side RF, Rockback LF, Chassée L

- 1-2 Step RF to the right, cross LF behind RF
- & Set RF a small step to the right

- 3-4 Cross LF in front of RF, step RF to the right
5-6 Step back with LF while taking weight off RF, bring weight back to RF
7&8 LF step to the left, bring RF up to LF, LF step to the left

B3: Rock back R, 2x Kick-ball-change R, ½ Step turn to the left

- 1-2 Step back with RF while taking weight off LF, bring weight back to LF
3&4 Kick forwards with RF, set RF beside LF taking weight on RF, bring weight back to LF
5&6 Kick forwards with RF, set RF beside LF taking weight on RF, bring weight back to LF
7-8 Step RF forwards, do a ½ turn to the left on the balls of both feet

B4: Heel R, Hook R, shuffle forwards R, Rockstep L, Coaster Step

- 1-2 Set R heel forwards, lift RF and cross before R knee
3&4 Step RF forwards, bring LF up to RF, step RF forwards
5-6 Step forwards with LF while taking weight off RF, bring weight back to RF
7&8 Step LF backwards, set LF beside RF, step LF forwards

Part C (ending) 6 counts

C1: Syncopated Splits, 2x stomp

- 1-2 Set R heel diagonally forwards, set L heel diagonally forwards
3-4 Bring RF back, set LF beside RF
5-6 Stomp RF, stomp LF

Contact via www.RLCD.de
