Dirty Disco



拍数: 48 **编数:** 2 **级数:** Intermediate

编舞者: Laura Gordon (USA) - August 2017

音乐: Dirt Road Disco - Colt Ford



Count In: 64 counts start with lyrics "There's a little"

Retags happen in the 3rd wall and 7th walls. □

Count in. 64 counts start with lynes There's a little
Notes: 2 Retags - 3rd and 7th walls□ [1 - 8]□Walk Forward x 2, Slide Touch, Left Side Shuffle□ 1 2 Step forward on R (1), Step forward on L (2)□12:00 3 4 Step forward on R (3), Step forward on L (4)□12:00 5 & 6 Slide out to the R on R (5), Touch L next to R (6)□12:00 7 & 8 Step Left on L (7), Step R next to L (&), Step L on L (8)□12:00
[9 – 16]□Step Touch x2, ¼ Right Turn , Dip□ 1 2 Step forward on R (1), Point L (2)□12:00 3 4 Step forward on L (3), Point R (4)□12:00 5 6 Step forward on R (5), R ¼ turn Step L to square up (6)□ 3:00 7 & 8 Step back on R (7) and slightly bend knees to Dip (&) Recover with Weight on R (8)□3:00 Styling□On the dip, you may incorporate your arms, you can do a disco Point up (7) and point down (8)□ *□This is where both your Retags happen.□
[17 – 24]□Toe Heel step x2, Rock Recover, ½ turn ½ turn □ 1 & 2 L Toe touch (1) then heel touch (&) the step forward on L (2)□3:00 3 & 4 R Toe touch (1) then heel touch (&) the step forward on R (2)□3:00 5 6 Rock weight forward L (5), recover weight R (6)□ 3:00 7 8 Turn to the L with L step face 9:00 (7) Turn to the L with R step to face back to 3:00 (8)□3:00
[25 – 32]□Side Rock Recover, Syncopated L Box Step, Rock Recover with ¼ Turn, Coaster Step□ 1 2 Rock L to left side (1), recover weight R (2) □3:00 3 & 4 Cross L over R (3) step R to R (&) Step L to L (4)□3:00 5 6 Rock R to right side (1), while turning to face 6:00 recover weight on L (2)□6:00 7 & 8 Step back R (7), step L next to R (&), step forward R (8) □6:00 Styling□on counts 5 6 when recovering your weight back on L you may do a body roll □
[33 – 40]□Side Body Rolls x2 with heel swivels □ 1 2 Step on L (1) Roll your body to the left while keeping weight on the left Foot (2)□6:00 3&4 Right heel turn in (&) and out (3) in (&) out (4) heel down (&)□6:00 5 6 Step on R (1) Roll your body to the Right with weight on the Right foot (6)□6:00 7&8& Left heel turn in (&) and out (7) in (&) out (8) heel down (&)□6:00 Styling□Incorporating your hips with the heel swivels will help with weight balance□
[41 – 48]□Rocking Chair Prep Full turn□ 1 2 Rock forward on R (1) Recover weight on L (2) 3 4 Rock back on R (3) Recover weight on L (4) 5 6 Step Forward on R (5) Step forward on Left with ¼ turn clockwise (6)□9:00 7 8 Continue turn with R (7) and finish turn with L forward (8)□6:00 Retags:□There are two Retags, both happen facing the front wall, do the first 16 counts of the dance and when you □12:00
dip 15&16, have both heels swivel together at the same time to face the back wall, □6:00

