

Dirty Disco

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Laura Gordon (USA) - August 2017
音乐: Dirt Road Disco - Colt Ford



Count In: 64 counts start with lyrics "There's a little"

Notes: 2 Retags - 3rd and 7th walls □

[1 – 8] □ Walk Forward x 2, Slide Touch, Left Side Shuffle □

1 2 Step forward on R (1), Step forward on L (2) □ 12:00
3 4 Step forward on R (3), Step forward on L (4) □ 12:00
5 & 6 Slide out to the R on R (5), Touch L next to R (6) □ 12:00
7 & 8 Step Left on L (7), Step R next to L (&), Step L on L (8) □ 12:00

[9 – 16] □ Step Touch x2, ¼ Right Turn, Dip □

1 2 Step forward on R (1), Point L (2) □ 12:00
3 4 Step forward on L (3), Point R (4) □ 12:00
5 6 Step forward on R (5), R ¼ turn Step L to square up (6) □ 3:00
7 & 8 Step back on R (7) and slightly bend knees to Dip (&) Recover with Weight on R (8) □ 3:00

Styling □ On the dip, you may incorporate your arms, you can do a disco Point up (7) and point down (8) □
* □ This is where both your Retags happen. □

[17 – 24] □ Toe Heel step x2, Rock Recover, ½ turn ½ turn □

1 & 2 L Toe touch (1) then heel touch (&) the step forward on L (2) □ 3:00
3 & 4 R Toe touch (1) then heel touch (&) the step forward on R (2) □ 3:00
5 6 Rock weight forward L (5), recover weight R (6) □ 3:00
7 8 Turn to the L with L step face 9:00 (7) Turn to the L with R step to face back to 3:00 (8) □ 3:00

[25 – 32] □ Side Rock Recover, Syncopated L Box Step, Rock Recover with ¼ Turn, Coaster Step □

1 2 Rock L to left side (1), recover weight R (2) □ 3:00
3 & 4 Cross L over R (3) step R to R (&) Step L to L (4) □ 3:00
5 6 Rock R to right side (1), while turning to face 6:00 recover weight on L (2) □ 6:00
7 & 8 Step back R (7), step L next to R (&), step forward R (8) □ 6:00

Styling □ on counts 5 6 when recovering your weight back on L you may do a body roll □

[33 – 40] □ Side Body Rolls x2 with heel swivels □

1 2 Step on L (1) Roll your body to the left while keeping weight on the left Foot (2) □ 6:00
3&4 Right heel turn in (&) and out (3) in (&) out (4) heel down (&) □ 6:00
5 6 Step on R (1) Roll your body to the Right with weight on the Right foot (6) □ 6:00
7&8& Left heel turn in (&) and out (7) in (&) out (8) heel down (&) □ 6:00

Styling □ Incorporating your hips with the heel swivels will help with weight balance □

[41 – 48] □ Rocking Chair Prep Full turn □

1 2 Rock forward on R (1) Recover weight on L (2)
3 4 Rock back on R (3) Recover weight on L (4)
5 6 Step Forward on R (5) Step forward on Left with ¼ turn clockwise (6) □ 9:00
7 8 Continue turn with R (7) and finish turn with L forward (8) □ 6:00

Retags: □ There are two Retags, both happen facing the front wall, do the first 16 counts of the dance and when you □ 12:00

dip 15&16, have both heels swivel together at the same time to face the back wall, □ 6:00

Retags happen in the 3rd wall and 7th walls. □

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