

Good Morning

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mamalinedance Mei Kwo (USA) - August 2017
音乐: Good Morning (feat. TobyMac) - Mandisa



Good morning! everyone!
Start On Vocals

SEC.1: DIAGONAL 3 WALKS FORWARD, KICK, 2 WALKS BACK, L COASTER STEP

1-4 (Diagonal) Walk forward R, L, R, Kick L forward
5-8 (Diagonal) Walk back L, R, L coaster step (Step L back, step R next to L, step L forward)

SEC.2: DIAGONAL 3 WALKS FORWARD, KICK, 2 WALKS BACK, L COASTER STEP (BACK TO CENTER)

1-4 (Diagonal) Walk forward R, L, R, Kick L forward
5-8 (Diagonal) Walk back L, R, L coaster step (Step L back, step R next to L, step L forward)

SEC.3: CHARLESTON STEPS 2X (OPTION: ARMS UP AND ARMS DOWN)

1-4 Step R forward, kick L forward (arms up) , step back on L, touch R back (arms down)
5-8 Step R forward, kick L forward (arms up) , step back on L, touch R back (arms down)

SEC.4: SHUFFLE FORWARD 2X (RIGHT,LEFT), RIGHT ¼ TURN JAZZ BOX,

1&2 Shuffle forward right stepping right, left, right
3&4 Shuffle forward left stepping left, right, left
5-6 Cross R over L, 1/4 turn R Step back on L
7-8 Step R to R side, step L next to R

Repeat & Enjoy!

Last Update - 7th August 2017
