

# The Dance

拍数: 64                      墙数: 4                      级数: Phrased Intermediate  
编舞者: Kirsi-Marja Vinberg (FIN) - August 2017  
音乐: Tango - Michael Nantel



Parts: A(32) and B(32)

Sequence: AAAAAA B AAAAAA

**PART A: 32 counts**

**A1: CROSS STEP, TOE TAPS, CROSS STEP, TOE TAPS**

- 1-2                      step right foot across left (slow)
- 3-4                      tap left toe back, to side with knee inward(quick quick)
- 5-6                      step left foot across right(slow)
- 7-8                      tap right toe back, to side with knee inward(quick quick)

**Obs. Hold your hands to side, in shoulder level**

**A2: CROSS STEP, ROCK STEP TO SIDE, CROSS STEP, ROCK STEP TO SIDE**

- 1-2                      step right across left(slow)
- 3-4                      rock left foot to side, change weight to the right foot(quick quick)
- 5-6                      step left across right(slow)
- 7-8                      rock right foot to side, change weight to the left foot(quick quick)

**A3: STEP FORWARD, 2 STEPS BACK**

- 1-2                      step right forward(slow)
- 3-4                      step left foot back, right foot back(quick quick)

**STEP BACK WITH  $\hat{A}$ ¼ TURN R AND SWEEP, STEP TO SIDE, CROSS STEP**

- 5-6                      step left back and turn  $\hat{A}$ ¼ right sweeping right toe to right side(slow)
- 7-8                      step right to side, left across(quick quick)

**A4: STEP TO SIDE, SWAYS,HOLD**

- 1-2                      step right to side, hold(slow)
- 3-4                      sway hips to left, right(quick quick)
- 5                          sway hips to left
- 6-8                      hold(you can start lifting your hands to side)

**Also: 6-8 hold, touch right toe beside left foot, touch right toe to side(quick quick)**

**PART B: 32 counts**

**B-part is danced only once, after 6th wall, to the backwall**

**B1: DIAGONAL LUNGE, DIAGONAL ROCKING CHAIR**

- 1-2                      step long step diagonally left with right foot(slow)
- 3-4                      change weight to the left foot(slow)
- 5-6                      step right back, left in place(quick quick)
- 7-8                      step right forward, left in place(quick quick)

**B2: SWAYS**

- 1-2                      step right to side swaying hips(slow)
- 3-6                      sway hips to left, right left right (quick quick quick quick)
- 7-8                      sway hips to left right(quick quick)

**B3: DIAGONAL LUNGE, DIAGONAL ROCKING CHAIR**

- 1-2                      step long step diagonally right with left foot(slow)
- 3-4                      change weight to the right foot(slow)
- 5-6                      step left foot back, right in place(quick quick)
- 7-8                      step left foot forward, right in place(quick quick)

**B4: STEP TO SIDE, ROCK STEP TO SIDE, TOUCH WITH HOLDS**

- 1-2                      step left to side(slow)
- 3-4                      rock right foot to side, step left in place(quick quick)
- 5                          touch right toe beside left foot knee inward

6-8 hold(you can start lifting your hands to side)  
**Also: 6-8 hold, touch right toe to side, together(quick quick)**

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