

Kelly's ID

拍数: 80 墙数: 2 级数: Phrased Intermediate
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音乐: ID by Michael Patrick Kelly



Intro: 16 Counts - Sequences: ABC ABC C Tag BCC

Part A – 32 Counts

A1: Step Forward, Touch Behind, Step Lock Back, Rock Back, Rock & Rock

1 – 2 step RF forward, touch LF behind RF,
3 & 4 step LF back, cross RF in front of LF, Step LF back,
5 – 6 step RF back, recover weight on LF,
7 & 8 shift weight on RF, shift weight on LF, shift weight on RF, (styling: using hips)

A2: Touch Behind Unwind ½ Turn L, Shuffle Forward, Step Forward, Spiral ¾ Turn L, Chassé

1 – 2 touch left toes behind RF, ½ turn left, keep weight on RF, (6 h)
3 & 4 step LF forward, step RF towards LF, step LF forward,
5 – 6 step RF forward (5. FP), ¾ turn left (keep weight on RF; ending LF crossed in front of RF) (9 h)
7 & 8 step left on LF, step RF together, step left on LF,

A3: Side Together, Scissor Step, Step ¼ Turn R, Cross Shuffle

1 – 2 step right on RF, step LF together,
3 & 4 step right on RF, step LF together, cross RF over LF,
5 – 6 step LF forward, ¼ turn right and shift weight on RF, (12 h)
7 & 8 cross LF over RF, step right on RF, cross LF over RF,

A4: Step Forward Together, Swivel, Rock Back, Kick Ball Point

1 – 2 step forward on RF, step LF together,
3 & 4 twist both heels right, twist both toes right, twist both heels right, (ending weight on RF)
5 – 6 step back on LF, recover weight on RF,
7 & 8 kick LF forward, step left ball beside RF, point right toes to right side,

Part B – 16 Counts

B1: Wizzard R/L, Rock Forward, Shuffle ½ Turn R

1-2 & step RF diagonal right forward, cross LF behind RF, step RF diagonal right forward,
3-4 & step LF diagonal left forward, cross RF behind LF, step LF diagonal left forward,
5 – 6 step RF forward, recover weight on LF,
7 & 8 ¼ turn right stepping RF right, step LF together, ¼ turn right stepping forward RF, (6 h)

B2: Wizzard L/R, Rock Forward, Shuffle ½ Turn L,

1-2 & step LF diagonal left forward, cross RF behind LF, step LF diagonal left forward,
3-4 & step RF diagonal right forward, cross LF behind RF, step RF diagonal right forward,
5 – 6 step LF forward, recover weight on RF,
7 & 8 ¼ turn left stepping LF left, step RF together, ¼ turn left stepping forward LF, (12 h)

Part C – 32 Counts

C1: Toe Switches, Heel & Touch Behind 2 x, Touch Behind Unwind ½ Turn R

1&2& point right toes to right side, step RF together, point LF to left side, step LF together,
3&4& touch right heel forward, step down RF, touch left toes behind RF, step down LF,
5&6& touch right heel forward, step down RF, touch left toes behind RF, step down LF,
7 – 8 touch right toes behind LF, ½ turn right shifting weight on RF, (6 h)

C2: Pivot Turn R, Shuffle Forward, Heel Ball Cross 2 x

- 1 – 2 ½ turn right stepping LF back, ½ turn right stepping RF forward, (6 h)
3 & 4 step LF forward, step RF towards LF, step LF forward,
5 & 6 touch right heel forward, step right ball beside LF, cross LF over RF,
7 & 8 touch right heel forward, step right ball beside LF, cross LF over RF,

C3: Side Rock, Behind Side Cross, Side Together, Scissor Step

- 1 – 2 step RF to right side, recover weight on LF, (Styling: lean upper body to right and jazzhands)
3 & 4 cross RF behind LF, step LF to left side, cross RF over LF,
5 – 6 step LF to left side, step RF together,
7 & 8 step LF to left side, step RF together, cross LF over RF,

C4: Side Rock & Side Rock &, Kick, Kick Ball Step, Touch Across

- 1-2 & step RF to right side, recover weight on LF, step RF together,
3-4 & step LF to left side, recover weight on RF, step LF together,
5 kick RF forward,
6 & 7 kick RF forward, step right ball beside LF, step LF forward,
8 touch right toes in front of LF and click fingers.

Tag – 34 Counts (6 h)**Squat R/L with Arms, Lunge Forward R/L with Arms, ¼ Turn L**

- 1 – 2 take both forearms upon another in chestheight, large step RF to right and bent knees while pulling both arms out to side and hands pushing down, step RF together straighten knees and take arms back to chestheight,
3 – 4 large step LF to left and bent knees while pulling both arms out to side and hands pushing down, step LF together straighten knees and take arms back to chestheight,
5 – 6 large step RF forward while lifting left forearm to vertical, step RF together and take left arm back to chest height,
7 – 8 large step LF forward while lifting right forearm to vertical, ¼ turn left stepping LF together and take right arm back to chest height, (3 h)

Squat R/L with Arms, Lunge Forward R/L with Arms, ¼ Turn L

- 1 – 8 repeat, (12 h)

Squat R/L with Arms, Lunge Forward R/L with Arms, ¼ Turn L

- 1 – 8 repeat, (9 h)

Squat R/L with Arms, Lunge Forward R/L with Arms, ¼ Turn L

- 1 – 8 repeat, (6 h)

Cross Unwind ½ Turn L

- 1 – 2 cross RF over LF, ½ turn left and shift weight on LF. (12 h)

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