

# Keep Rollin'

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Nolwenn BERTIN (FR) - 2016  
音乐: Freight Train - Aaron Watson



## #32 counts before starting

### HEEL & TOUCH X2, TRIPLE STEP FORWARD, STEP TURN RIGHT ¼

1 & 2      Right heel forward, right foot next to left, touch left toe next to right  
3 & 4      Left heel forward, left foot next to right, touch right toe next to left  
5 & 6      Triple step forward (R-L-R)  
7 - 8      Left foot forward, turn ¼ right placing weight on right

### CROSS TRIPLE, ROCK STEP, BEHIND SIDE CROSS, TOGETHER, SWIVEL

1 & 2      Cross triple to the right (left foot across right)  
3 - 4      Rock right to the right, recover on left  
5 & 6      Cross right behind left, Left step to left, cross right over left  
7 & 8      Step left beside (weight on both steps), left heel swivel, recover

### TRIPLE STEP RIGHT, ROCK STEP BACKWARD, STEP TURN ½, KICK BALL TOUCH

1 & 2      Triple step to the right  
3 - 4      Left rock behind, recover  
5 - 6      Left step forward, turn ½ right  
7 & 8      Left kick forward, step left beside right, touch right next to left

### TRIPLE RIGHT & LEFT, HEEL STAND

1 & 2      Diagonal triple step forward (R-L-R)  
3 & 4      Diagonal triple step forward (L-R-L)  
5 - 6      Stomp right to right side, stomp left to left side (out-out)  
7 - 8      Toes lift (weight on heels), recover

### Tag (8 counts): at the end of walls 1 and 4, add Heel Bounces on 8 counts

1 - 4      Lift right heel four times  
5 - 8      Lift left heel four times

### (Variation: Apple Jacks on 8 counts)

### START AGAIN AND KEEP SMILING!

Contact: nolwenn\_cedric@yahoo.fr