

Get Your Island On

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Nigel Mooney (NZ) - July 2017
音乐: Get Your Island On - Jesse Rice



Rock back R turning shuffle, Rock back left turning shuffle

1-2 Rock back R (1) recover fwd L (2),
3&4 ¼ L Step to R to side (3) close L beside R (&) ¼ Step R back (4)
5-6 Rock back L (5) recover fwd R (6)
7&8 ¼ turn R step L to L side (7) close R beside L (&) ¼ R step L back (8)

1 ¼ turn, chasse R, Cross rock recover, step close, step close

1-2 ¼ turn R step R to R side (1) step L over right making full turn R (2)
3&4 Step R to R side (3) close L beside R (&) step R to R side (4)
5-6 Cross rock L over R (5) Recover back R (6)
7&8& Step L to L side (7) close R beside L (&) step L to L side (8) Close R beside L (&) Use Hips!!

Side L, hold, rock, recover, ¼, hold, coaster L

1-2 Step L to L side (1) Hold (2)
3-4 Rock back R (3) recover fwd L (4)
5-6 ¼ Turn L step back R (5) Hold (6) *
7&8 Step L back (7) close R beside L (&) Step forward L (8)

Step, touch bump, Step ½ Bump, Kick ball cross, out out , ball cross

1-2 Step fwd R (1) touch L toe beside R bump hip L (2)
3&4 Step fwd L (3) ½ Turn L on ball of L (&) touch R toe beside L bump hip R (4)
5&6& Kick R foot fwd (5) step R ball to R side (&) step/cross L over R (6) Step R fwd 45 (&)
7&8 Step L out to L side (7) step back R ball (&) step/cross L over R (8)

TAG – x2 At end of wall 2 & 4 both 12:00

K step back, side together, side together, roll Left

1-4 Step back 45 R (1) touch L beside R (2) step fwd 45 L (3) touch R beside L (4)
5-8 Step fwd 45 R (5) touch L beside R (6) Step back 45 L (7) touch R beside L (8)
1-4 Step R to R (1) close L beside R (2) step R to R (3) touch L beside R (4)
5-8 ¼ L step fwd L (5) ½ turn L step back R (6) ¼ turn L step L to side (7) touch R beside L (8)

*Restart – Wall 6, dance to count 20, Then Restart to 6:00

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