

Make My Day

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Johnny Montana (USA) - July 2017
音乐: Make This Day - Zac Brown Band



#32 count intro

Other suggested music: Any Slower 2 Step Music

Note: Wall 5 (back to beginning wall) has a short count (24 counts). Dance up to Rocking Chair:

21, 22 Rock forward onto left foot, recover weight onto right foot.

23, 24 Rock back onto left foot, hold (so weight is still on left foot).

Then Restart dance

Walk, Hold, Walk, Hold,

1, 2 Step forward onto right foot, hold (optional clap hands).

3, 4 Step forward onto left foot, hold (optional clap hands).

Kick, Kick, Step, Hold

5,6 Kick right foot 2x

7,8 Step onto right foot next to left, hold (optional clap hands).

Back, Hold, Back, Hold

9, 10 Step back onto left foot, hold (optional clap hands).

11, 12 Step back onto right foot, hold (optional clap hands).

Slow Coaster

13, 14 Step back onto left foot, step back onto right foot next to left.

15, 16 Step forward onto left foot, scuff right foot.

Step, Lock, Step, Scuff,

17, 18 Step forward onto right foot, step left foot up behind right foot (lock).

19, 20 Step forward onto right foot, scuff left foot.

Rocking Chair

21, 22 Rock forward onto left foot, recover weight onto right foot.

23, 24 Rock back onto left foot, recover weight onto right foot.

Step, Hold, Turn, Hold

25, 26 Step forward onto left foot, hold.

27, 28 Make a 1/4 turn to right recovering weight onto right foot, hold.

Sailor Step

29, 30 Cross left behind right, recover weight onto right foot.

31, 32 Step to left side onto left foot, hold

Begin dance again

Chor. note: song is about 4 minutes long. DJ may want to fade after 3 minutes.

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