

# Solo Dance

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Hiroko Carlsson (AUS) - August 2017  
音乐: Solo Dance - Martin Jensen : (iTunes)



(Intro: count 32)

## [S1] Apple Jack RL, Hold, Toes Fan Up-Down, Step Pivot 1/2L, Step Paddle 1/4L

1&2&      Twist right heel to left and left toe to left, Recover back to centre, Twist left heel to right and right toe to right, Recover back to centre  
3&4      Hold (3), Toes fan out & up (&), Bring back to centre (4)  
5 6      Step R fwd, Turning 1/2L weight on L  
7 8      Step R fwd, Turning 1/4L weight on L (3:00)

## [S2] Cross Shuffle, Side, Behind, Side Rock, Cross, Hold, Side, Behind, Side

1&2      Cross R over L, Step L close to R, Cross R over L  
&3      Step L to left side, Step R behind L  
4&      Rock/step L to left side, Recover weight on R  
5 6&      Cross L over R (5), Hold (6), Step R to right side (&)  
7 8      Step L behind R, Step R to right side (3:00)

## [S3] 1/4R Side Rock, Behind, Side, Cross, Side Rock, Behind, Side, Fwd

1 2      Turning 1/4R rock/step L to left side, Recover weight on R  
3&4      Step L behind R, Step R to right side, Cross L over R  
5 6      Rock/step R to right side, Recover weight on L  
7&8      Step R behind L, Step L to left side, Step R fwd (6:00)

## [S4] Shuffle Fwd, Step Pivot Turn 1/2L, &, Fwd w/ Drag, Together, Fwd w/ Scuff

1&2      Step L fwd, Step R next to L, Step L fwd  
3 4&      Step R fwd, Turning 1/2L weight on L, Step R next to L  
5 6&      Step L fwd, Drag R towards L, Step R next to L  
7 8      Step L fwd, Scuff R fwd\*\* (12:00)

## [S5] Step 1/4L Paddle, Full Turn, Step 1/4L Paddle, Full Turn, &

1 2      Step R fwd, Turning 1/4L weight on L  
3 4      Turning 1/2L step R back, Turning 1/2L step L fwd (9:00)  
5 6      Step R fwd, Turning 1/4L weight on L  
7 8&      Turning 1/2L step R back, Turning 1/2L step L fwd, Step R next to L (6:00)

## [S6] Side, Together, Side Shuffle, Knee Pop-Knee Pop (Travelling Back), Coaster Step

1 2      Step L to left side, Step R next to L  
3&4      Step L to left side, Step R next to L, Step L to left side  
5 6      Step R back w/ L knee pop, Step L back w/ R knee pop  
7&8      Step R back, Step L next to R, Step R fwd (6:00)

## [S7] Cross, Side, 1/4L Turning Coaster-Heel, &, Fwd, 1/4R Side, 1/4R Turning Coaster Step

1 2      Cross L over R, Step R to right side  
3&4&      Turning 1/4L step L back, Step R next to L, L heel fwd weight on R, Step L next to R (3:00)  
5 6      Step R fwd, Turning 1/4R step L to left side  
7&8      Turning 1/4R step R back, Step L next to R, Step R fwd (9:00)

## [S8] Step 3/4R Pivot, Side, Touch Together, Funky Walk RLR, Side

1 2      Step L fwd, Turning 3/4R weight on R

3 4 Step L to left side, Touch R next to L weight on L  
5 6 7 Do a funky walk for 3 counts RLR  
8 Step L to left side weight on both feet (6:00)

**Tag: End of Wall 2 (4 counts) – Fwd, Full Pivot L, Side Hold (12:00)**

1 2 3 4 Step R fwd, Turning 1/2L weight on L, Turning further 1/2L on ball of left foot and step R to right side, Hold

**Restart: Wall 3 count 32 with step change\*\***

31 32 Step L fwd, Step R to right side weight on both feet (12:00)

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