

Ovaload

拍数: 32 墙数: 4 级数: Intermediate Funky Samba
编舞者: Dirk Leibing (DE) & Sebastiaan Holtland (NL) - August 2017
音乐: Ovaload (feat. Sean Paul) - Gentleman



Intro : after ~ 2 sec. – Start on the words: “Half-Hearted”

S1: Syncopated Side Steps(R,L), Pony Steps back (L,R).

- 1 Step RF right (L toe is up) & lean R while angling body 1/8 turn L(1).
- 2& Recover on LF(2), Close RF next to LF(&).
- 3-4 Step LF left (R toe is up) & lean L while angling body 1/8 turn R(3), Recover on RF(4).
- 5&6 Step LF behind RF while hitching RF(5), Recover on RF(&), Step LF behind RF while hitching RF(6).
- 7&8 Step RF behind LF while hitching LF(7), Recover on RF LF (&), Step RF behind LF while hitching LF(8).

S2: Dorothy Steps(L,R), Sway(L,R), Turn 1/4, Travelling Volta right.

- 1-2& Step LF forward (1), Lock RF behind LF (2), Step LF forward (&).
- 3-4& Step RF forward(3), Lock LF behind RF (4), Step RF forward (&).
- 5-6 Sway left (5), Sway right (6)
- 7&8 Turn ¼ left (9:00) and Cross LF in front of RF (7), Step RF a small Step right (&), Cross LF in front of RF (8).

S3: Back, Turning Voltas left(1/4,1/8, 1/8), ¼ Samba Diamond right.

- 1 Step RF back (1)
- 2&3&4 Step LF ¼ left (2), Step RF behind LF (&), Step LF 1/8 left (3), Step RF behind LF (&), Step LF 1/8 left (4). (3:00)
- 5&6 Cross RF in front of LF(5), Step LF back turning 1/8 right (&) (4:30), Step RF back (6).
- 7&8 Step LF back (7), Step RF forward turning 1/8 right (&) (6:00), Step LF forward (8).

S4: R Cross Samba(Botafogo), Cross Samba with ¼ turn left (Turning Botafogo), Heel Switches, Heel, Jump, Hook

- 1&2 Cross RF in front of LF (1), Rock LF left (&), Recover on RF (2).
- 3&4 Cross LF in front of RF (3), Turn ¼ left stepping RF back (&) (3:00), Step LF left (4).
- 5&6 Step right Heel forward (1), Close RF next to LF (&), Step left Heel forward (6)
- 7&8 Step left Heel forward (7), small Jump on LF(&), Hook RF next to left leg (8).

No Tag, No Restart.

REPEAT THE DANCE AND HAVE FUN!!

Dirk Leibing - dirk@leibing.de
Sebastiaan Holtland - Smoothdancer79@hotmail.com
Website : www.dancewithsebastiaan.jouwweb.nl

Last Update - 3rd August 2017