

# I Can't Breathe

COPPERKNOB  
STEPSHEETS

拍数: 56      墙数: 2      级数: Intermediate  
编舞者: Wil Bos (NL) - July 2017  
音乐: Just a Dream - Carrie Underwood : (Album: Carnival Ride)



Start after 16 counts on vocals

**S1: Fwd, Pivot  $\frac{3}{4}$  R, Side, Behind,  $\frac{1}{4}$  L Fwd, Fwd, Rock Fwd Recover,  $\frac{1}{8}$  L Side/Sweep, Cross,  $\frac{1}{8}$  R Back x2/Sweep**

1                    RF step forward  
2&3                LF step forward, L+R  $\frac{3}{4}$  turn right, LF step side  
4&5                RF cross behind, LF  $\frac{1}{4}$  left step forward, RF step forward  
6&7                LF rock forward, RF recover, LF  $\frac{1}{8}$  left step side and sweep RF forward  
8&1                RF cross over, LF  $\frac{1}{8}$  right step back, RF  $\frac{1}{8}$  right step back and sweep LF forward [7.30]

**S2: Cross,  $\frac{1}{8}$  L Back,  $\frac{1}{4}$  L Fwd, Rock Fwd Recover,  $\frac{1}{2}$  R Fwd, Chase  $\frac{1}{2}$  R, Full Turn L,  $\frac{1}{8}$  L Side**

2&3                LF cross over, RF  $\frac{1}{8}$  left step back, LF  $\frac{1}{4}$  left step forward  
4&5                RF rock forward, LF recover, RF  $\frac{1}{2}$  right step forward  
6&7                LF step forward, L+R  $\frac{1}{2}$  turn right, LF step forward  
8&1                RF  $\frac{1}{2}$  left step back, LF  $\frac{1}{2}$  left step forward, RF  $\frac{1}{8}$  left step side [1.30]

**S3: Back, Back,  $\frac{1}{4}$  L Fwd, Step Lock Step Fwd, Rock Fwd Recover, Rock Side Recover, Sailor Cross  $\frac{1}{2}$  L**

2&3                LF step back, RF step back, LF  $\frac{1}{4}$  left step forward  
4&5                RF step forward, LF lock behind, RF step forward  
6&7&8              LF rock forward, RF recover, LF rock side, RF recover  
8&1                LF  $\frac{1}{2}$  left cross behind, RF step beside, LF cross over [4.30]

**S4: Prissy Walk x2, Rock Across Recover,  $\frac{1}{8}$  R NC Basic, Side, Sailor  $\frac{1}{4}$  R**

2-3                RF step across, LF step across  
4&5                RF rock across, LF recover, RF  $\frac{1}{8}$  right big step side  
6&7                LF rock behind, RF recover, LF big step side  
8&1                RF  $\frac{1}{4}$  right cross behind, LF step beside, RF step slightly forward [9]

**S5: Cross,  $\frac{1}{8}$  L Back, Back, Step Lock Step Bkw, Rock Back Recover,  $\frac{1}{8}$  R Side, Sailor  $\frac{1}{4}$  R**

2&3                LF cross over, RF  $\frac{1}{8}$  left step back, LF step back  
4&5                RF step back, LF lock across, RF step back  
6&7                LF rock back, RF recover, LF  $\frac{1}{8}$  right step side  
8&1                RF  $\frac{1}{4}$  right cross behind, LF step beside \*, RF step slightly forward [12]

**S6: Rock Fwd Recover, Point, Behind Side Cross, Rock Side Recover, Point, Chassé**

2&3                LF rock forward, RF recover, LF point side  
4&5                LF cross behind, RF step side, LF cross over  
6&7                RF rock side, LF recover, RF point forward  
8&1                RF step side, LF together, RF step side [12]

**S7: Rock Behind Recover, Side, Sailor  $\frac{1}{4}$  R, Pivot  $\frac{1}{4}$  R, Cross, Side, Together**

2&3                LF rock behind, RF recover, LF step side  
4&5                RF  $\frac{1}{4}$  right cross behind, LF step beside, RF step slightly forward  
6&7                LF step forward, L+R  $\frac{1}{4}$  turn right, LF cross over  
8&                 RF step side, LF together [6]

Start again

**\*Restart: Dance the 2nd wall up to and including count 40& (count 8& of the 5th section) and start again**

**TAG: After the 4th wall [6]:**

**Fwd, Chase ½ R, Full Turn L, Rock Fwd Recover, Back, Start Coaster**

1	RF step forward
2&3	LF step forward, L+R ½ turn right, LF step forward
4&5	RF ½ left step back, LF ½ left step forward, RF step forward
6&7	LF rock forward, RF recover, LF step back
8&	RF step back, LF together

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