

Movin' On

COPPER KNOB
STEPSHETS

拍数: 40 墙数: 4 级数: Beginner
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音乐: Movin'on – Kevin Fowler



SECT 1: STEP ½ TURN – SHUFFLE – STEP ½ TURN – STOMP X2

1 2 Step right forward – Turn ½ left
3&4 Forward shuffle stepping right-left-right
5 6 Step left forward – turn ½ right
7 8 Stomp left forward – Stomp right beside left

SECT 2: KICK – FLICK – HEEL X2

1 2 Kick left forward – stomp left beside right
3 4 Flick left to left side – Stomp left beside right (taking weight)
4 5 Heel right forward – together
7 8 Heel left forward – Together

Restart here at 4th wall

SECT 3: HEEL FAN – POINT RIGHT – POINT LEFT – HOOK

1 2 Move right heel to right side – return
3 4 Point right to right side – step right back left
5 6 Point left to left side – step left back right
7 8 Point right to right side – Hook right behind left (touch right heel with left hand)

SECT 4: GRAPEVINE TO RIGHT – GRAPEVINE TO LEFT

1 2 Step right to right side – cross left behind right
3 4 Step right to right side – touch left next to right
5 6 Step left to left side – cross right behind left
7 8 Step left to left side – touch right next to left

SECT 5: STEP – LOCK – STEP – HOOK – ¼ TURN – STEP – LOCK – STEP – SCUFF

1 2 Step right backward – lock left over right
3 4 Step right backward – hook left over right and turn ¼ to left
5 6 Step left forward – lock right behind left
7 8 Step left forward – scuff right next to left

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