

# Movin' On

**COPPER KNOB**  
STEPSHETS

拍数: 40      墙数: 4      级数: Beginner  
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音乐: Movin'on – Kevin Fowler



## SECT 1: STEP ½ TURN – SHUFFLE – STEP ½ TURN – STOMP X2

1 2      Step right forward – Turn ½ left  
3&4      Forward shuffle stepping right-left-right  
5 6      Step left forward – turn ½ right  
7 8      Stomp left forward – Stomp right beside left

## SECT 2: KICK – FLICK – HEEL X2

1 2      Kick left forward – stomp left beside right  
3 4      Flick left to left side – Stomp left beside right (taking weight)  
4 5      Heel right forward – together  
7 8      Heel left forward – Together

Restart here at 4th wall

## SECT 3: HEEL FAN – POINT RIGHT – POINT LEFT – HOOK

1 2      Move right heel to right side – return  
3 4      Point right to right side – step right back left  
5 6      Point left to left side – step left back right  
7 8      Point right to right side – Hook right behind left (touch right heel with left hand)

## SECT 4: GRAPEVINE TO RIGHT – GRAPEVINE TO LEFT

1 2      Step right to right side – cross left behind right  
3 4      Step right to right side – touch left next to right  
5 6      Step left to left side – cross right behind left  
7 8      Step left to left side – touch right next to left

## SECT 5: STEP – LOCK – STEP – HOOK – ¼ TURN – STEP – LOCK – STEP – SCUFF

1 2      Step right backward – lock left over right  
3 4      Step right backward – hook left over right and turn ¼ to left  
5 6      Step left forward – lock right behind left  
7 8      Step left forward – scuff right next to left

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