Deep Water



编舞者: Myra Harrold (SCO) - July 2017 音乐: Deep Water - Alisan Porter



#18 Counts In, Start On Vocals - No Tags Or Restarts

SEC 1: LF FORWARD,1/2 TURN L,STEP BACK R,L,STEP BACK FEET APART SWAY R,L,R

1-3 Step Lf Forward, 1/2 Turn L, Step Rf Back, Step Lf Back (6)

4-6 Step Rf Back/Out To Side, Swaying R, Step Lf Out To L Swaying L, Weight To Rf, Sway R (6)

SEC 2: L ACROSS R,ROCK R TO SIDE,RECOVER ON L WITH 1/4 TURN L,1&1/2 TURNS R,TRAVELING FORWARD

1-3 Step Lf Over Rf,Rock Rf Out To R Side, 1/4 Turn L, Lf Forward (3)

4,5&6 Rf Forward,1/2 Turn R,Step Lf Back,1/2 Turn R,Rf Forward,1/2 Turn R,Lf Back (9)

(Alternative For 4,5&6 - Rf Foward,1/2 Turn R,Run Back L,R,L)

SEC 3: 1/4 TURN R,STEP TO R,DRAG L TO R,L CROSS/FORWARD DIAGONAL R,STEP R FORWARD,1/2 TURN L,STEP FORWARD L

1-3 1/4 Turn R,Big Step To R On Rf,Drag L Toe To Rf (12)

4-6 Step Lf Forward Over Rf To Diagonal R, Step Forward Rf, 1/2 Turn L, Step Forward Lf (7)

SEC 4: FORWARD RF,LF,1/2 TURN R,RF FORWARD,LUNGE FORWARD LF,RECOVER ON R,1/8 TURN L,BIG STEP SIDE L

1-3 Step Rf Forward, Step Lf Forward, 1/2 Turn R, Step Rf Forward (1)

4-6 Lf Lunge Forward, Recover On Rf, Turn 1/8 L, Big Step Lf To L Side (12)

SEC 5: CROSS R OVER L,UNWIND FULL TURN L WITH LF SWEEP,STEP BEHIND,1/4 TURN R,WALK

R,L

1-3 Cross Rf Over Lf, Unwind Full Turn L, Sweeping Lf From Front To Back (12)

4-6 Step Lf Behind Rf,1/4 Turn R,Walk Forward Rf,Lf (3)

SEC 6: POINT R, MONTEREY FULL TURN R, POINT L, WALK 3/4 TURN L

1-3 Point R Toe To R Side, Monterey Full Turn R, Point L Toe To L Side (3)

4-6 1/4 Turn L,Step Lf Forward,1/4 Turn L,Step Rf Forward,1/4 Turn Step Lf Forward (6)

SEC 7: FORWARD RF,STEP TO L,BRING R TO L,STEP L BACK,1/4 TURN R ROCK R TO SIDE,1/4 TURN R RECOVER ON L,ROCK BACK ON R

1,2&3 Step Forward Rf,Step Lf To L Side,Bring Rf To Lf,Step Lf Back (6)

4-6 1/4 Turn R,Rock To R Side On Rf,1/4 Turn R Recover On Lf,Rock Back On Rf (12)

SEC 8: L FORWARD . SWEEP RF ROUND 1/2 L.FULL TRIPLE TURN TRAVELLING R

1-3 Step Lf Forward, Sweep Rf Round 1/2 Turn To L, Point R Toe To R Side (6)
4-6 Turn 1/4 R Step Rf Down, 1/2 Turn R, Lf Back, 1/4 Turn R, Step Rf To R Side (6)

The Dance Finishes At The Front Wall On Sec 3, After Count 3, Turn 1/8 And Take A Big Step L.

*THE MUSIC SLOWS SLIGHTLY NEAR THE END, DANCE THROUGH IT.

Contact: marthaharrold@outlook.com