

As Good As I Once Was

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Mathew Sinyard (UK) - July 2017
音乐: As Good As I Once Was - Toby Keith



Intro: 16 Counts

Section 1: Grapevine Right Touch, Grapevine Left Touch.

- 1 - 4 Step right foot to right side, cross left foot behind right, step right foot to right side, touch left beside right.
5 - 8 Step left foot to left side, Cross right foot behind left, step left foot to left side, touch right beside left.

Section 2: Forward Touch, Shuffle Back, Back Touch, Shuffle Forward.

- 1 2 Step forward on right foot, touch left behind right foot.
3&4 Shuffle back stepping left, right, left.
5 6 Step back on right foot, touch left in front of right foot.
7&8 Shuffle forward stepping left, right, left.

**** RESTART HERE WALL 5****

Section 3: 2x ¼ Left pivots, Weave Left.

- 1 - 4 Step right foot forward and pivot ¼ turn left, Step right foot forward and pivot ¼ turn left.
5 - 8 Cross right foot in front of left, step left foot to left side, cross right foot behind left, step left foot to left side.

Section 4: Cross Rock Recover, Right Chassé, Left Jazz Box Touch.

- 1 2 Cross rock right foot over left, recover on to left.
3 & 4 Step right foot to right side, close left beside right, step right foot to right side.
5 6 Cross left foot over right, step back onto right foot.
7 8 Step left foot to left side, touch right beside left.

**** Tag (Pause) walls 2, 7 & 10 ****

On walls 2, 7 & 10 you will complete the dance with the jazz box touch then hold/pause until he sings again - you will start the next wall on the word "once" (I ain't as good as I ONCE was).

****Restart****

On wall 5 dance sections 1 & 2 then restart (12:00)

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