You And Me

拍数: 32

级数: High Beginner

编舞者: Rarayanti Marwan (INA) - July 2017

音乐: You and I (너와나) - ALICE (엘리스)

Intro: 32 counts after the first music melody!

[1 - 8]□SIDE, TOGETHER, SCISSOR CROSS, SIDE, SWAY, CROSS SHUFFLE

- 1 2 Step R side on R, Step L together R
- 3 & 4 Step R side on R, Step L together R, Cross R over L
- 5 6 Step L side on L, Recover on R and sway
- 7 & 8 Cross L over R, step R side on R, Cross L over R

[9 - 16]□FWD 2X, BACK LOCK STEPS 2X, BWD MAMBO□

- 1 2 Step R forward, Step L forward
- 3 & 4 Step R backward, step L backward slightly cross R, Step R backward
- 5 & 6 Step L backward, step R backward slightly cross R, Step L backward
- 7 & 8 Step R backward, Recover on L, Step R beside L

[17 - 24] □FWD MAMBO, R MAMBO, L MAMBO, BACK, REC.

- 1 & 2 Step L forward, Recover on R, Step L beside R
- 3 & 4 Step R side on R, Recover on L, Step R beside L
- 4 & 5 Step L side on L, Recover on R, Step L beside R
- 7 8 Step R back behind L body weight on R, Recover on L & body weight change into L

[25 – 32] 1/4 L TURN, RL CUMBIA, BEHIND, SIDE, CROSS, RL HEEL & BALL

- 1 2& ¼ L Turn step R side on R, Rock L behind R, Recover on R
- 3 4& Step L side on L, Rock R behind L, Recover on L
- 5 6& Step R side on R, step L behind R, Step R side on R
- 7 8& Cross L over R, Step R beside L and ball L while twist upper body out to right, Heel L in place ball R while twist upper body out to left

There are 2 Restarts in this dance, during wall 5 and wall 9, after counts 28

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墙数:4