

My Veronica EZ

拍数: 32 墙数: 4 级数: Beginner
编舞者: Susanne Oates (UK) - July 2017
音乐: Veronica - Barbados



#16 Count Intro. Start on the word "raised".

Alternative Music: "Do You Wanna Dance" by The Olsen Brothers.

Teachers Note/ Easier: Replace Counts 9-16 with counts 1-8 for a 1 wall dance to teach Rumba Box. Then reinstate the turning box as written when the class is confident with the steps.

Rumba Box With Holds.

1 2 Step left to left side. Step right beside left.
3 4 Step forward on left. Hold.
5 6 Step right to right side. Step left beside right.
7 8 Step back on right. Hold.

¼ Turn Rumba Box With Holds.

9 10 Turn ¼ left step left to left side. Step right beside left.
11 12 Step forward on left. Hold.
13 14 Step right to right side. Step left beside right.
15 16 Step back on right. Hold

Side, Cross, Side, Kick, Side, Cross, Side, Kick

17 18 Step left to left side. Step right over left.
19 20 Step left to left side. Kick right diagonally forward right.
21 22 Step right to right side. Step left over right.
23 24 Step right to right side. Kick left diagonally forward left.

Coaster, Hold, Stomp, Stomp, Twist Heels Right, Twist Heels Centre.

25 26 Step back on left. Step right beside left.
27 28 Step forward on left. Hold.
29 30 Stomp right beside left. Stomp left beside right.
31 32 Twist both heels right. Twist both heels centre.

START AGAIN

Last Update - 6th August 2017
