

Run Green Run

拍数: 32 墙数: 4 级数: Beginner
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音乐: Run - Pat Green



There is a four counts' Tag that has to be added at the end of the third, and eighth walls.

There is a Restart after the count 16 of the thirteenth wall

HOOK COMBINATION, FLICK, STOMP, KICK, STOMP

- 1- Kick right forward
- 2- Hook right over the left shin
- 3- Kick right forward
- 4- Stomp right beside the left
- 5- Flick right back
- 6- Stomp right beside the left
- 7- Kick right forward
- 8- Stomp right beside the left

GRAPEVINE, JAZZBOX

- 9- Step right to the right
- 10- Cross left behind the right
- 11- Step right to the right
- 12- Scuff left beside the right
- 13- Cross left over the right
- 14- Step right short back
- 15- Step left to the left
- 16- Stomp right beside the left

At this point, Restart on the thirteenth wall

¼ TURN ROCK STEP, STEP, HOLD, ½ TURN TOE STRUT, ROCK STEP

- 17- Rock right to the right
- 18- Recover your weight on to the left, turning ¼ turn to the left at the same time
- 19- Step right forward
- 20- Hold
- 21- Touch left toe forward
- 22- Lower left heel, turning ½ turn to the right at the same time
- 23- Rock right back
- 24- Recover your weight on to the left

½ TURN TOE STRUT, ROCK STEP, HOOK COMBINATION

- 25- Touch right toe forward
- 26- Lower right heel, turning ½ turn to the left at the same time
- 27- Rock left back
- 28- Recover your weight on to the right
- 29- Kick left forward
- 30- Hook left over the right shin
- 31- Kick left forward
- 32- Stomp left beside the right

Restart

TAG. At the end of the third and eighth walls, add these four counts:

TOE STRUT x 2

- 1- Touch right toe beside the left
 - 2- Lower right heel
 - 3- Touch left toe beside the right
 - 4- Lower right heel
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