

Castaway

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Laura Kampschroeder (USA) - July 2017
音乐: Castaway - Zac Brown Band



Begin on lyrics after 16 beats

Section 1

[1-8] ROCK BACK, RECOVER, TRIPLE FORWARD, ROCK FORWARD, RECOVER, TRIPLE STEP BACK

1-2-3&4 Rock back L (1), recover weight R (2), triple step LRL forward (3&4)

5-6-7&8 Rock forward R (5), recover weight L (6), triple step RLR backward (7&8)

Section 2

[9-16] TURN 1/2, TURN 1/4, ROCK SIDE, STEP, CROSS, STEP, CROSS, SIDE, BEHIND, SIDE, CROSS

1-2-3&4& Turn 1/2 left L (1), turn 1/4 left R (2), rock side L (3), step R (&), cross L over R (4), step R (&)
3:00

5-6-7&8 Cross L over R (5), step side R (6), behind L (7), side R (&), cross L over R (8)

Section 3

[17-24] STEP SIDE, 1/4 TURN L, TRIPLE STEP, ROCK, RECOVER, 1/4 TURN L SAILOR STEP

1-2-3&4 Step side R (1) 1/4 turn left L (2), triple step forward RLR (3&4) 12:00

5-6&7&8 Rock forward L (5), recover R (6), 1/4 turn L sweep (&), behind L (7), side R (&), forward L (8)
9:00

Section 4

[25-32] TRIPLE STEP, TRIPLE STEP, ROCK FORWARD, RECOVER, TRIPLE STEP BACK

1&2-3&4 Triple step forward RLR (1&2), triple step forward LRL (3&4)

5-6-7&8 Press forward R (5), recover weight L (6), triple step backward RLR (7&8)

REPEAT

Note: Partner dance to this music is "Castaways" by Dan Albro

Choreographer Contact Information:

Laura Kampschroeder | kamps1968@gmail.com

Tel: 913-888-6606 - 13407 W. 80th Terrace, Lenexa, KS 66215

Last Update - 22nd Aug 2017