

Sweet Lovin'

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Hana Ries (USA) - July 2017
音乐: Sweet Lovin' (Radio Edit) - Sigala & Bryn Christopher



Intro: 48 counts

(Read R=right foot, L=left foot)

STEP SIDE, HOLD AND CLAP, CROSS ROCK/RECOVER, ¼ TURN SHUFFLE, ½ TURN SHUFFLE

1,2,3,4 Step R to right side, Hold and Clap, Cross rock L over R, Recover to R

5&6 Make ¼ turn left stepping LRL

7&8 Make ½ turn left stepping RLR

ROCK BACK/RECOVER, KICK-BALL-CHANGE, WALK, SHUFFLE FORWARD

1,2,3&4 Rock L back, Recover to R, Kick L forward, Step on ball of L next to R, Step R in place

5,6,7&8 Step L forward, Step R forward, Step L forward, Step R next to L, Step L forward

For fun and when you get carried away, replace shuffle (counts 7&8) with 2 hops on left foot

ROCK/RECOVER, ¼ TURN SHUFFLE, JAZZ BOX-CROSS

1,2,3&4 Rock R forward, Recover to L, Make ¼ turn right stepping RLR

5,6,7,8 Cross L over R, Step R back, Step L to left, Cross R over L

For styling shimmy shoulders during Jazz Box

STEP, DRAG-BALL-CROSS, ¼ TURN STEP, ROCK BACK/RECOVER, ½ TURN SHUFFLE

1,2& Long step L to left, Drag R towards L, Step on ball of R slightly behind L

3,4 Cross L over R, ¼ turn left stepping back on R

5,6,7&8 Rock L back, Recover to R, Make ½ turn right stepping LRL

REPEAT

Last Update - 1st August 2017