

Think Fast

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Val O'Connor (UK) - July 2017
音乐: Think - Adam Lambert : (Captain Underpants Movie Soundtrack)



Intro: 4 Counts

S1: R KNEE IN OUT , IN OUT KICK, R BEHIND SIDE, R CROSS SHUFFLE

1-2-3&4 Turn R knee in toward L, turn R knee out, R knee in out, kick R to R diagonal
5-6-7&8 Cross R behind L, step L to L side, cross R over L, (&) L to L side, cross R over L

S2: L SIDE ROCK ¼ L, DRAG BACK L R, L COASTER STEP, OUT RL, CLAP

1-2-3-4 Rock L to L side, recover weight on R as turn ¼ L, drag L back, drag R back (9)
5&6&7-8 Step back L, (&) R next to L, step forward on L, (&) step forward and out R, step L to L side, clap

S3: POINT R TO R SIDE, ¼ R, POINT L R L HITCH CROSS, ¼ L ¼ L

1-2-3&4& Point R to R side, ¼ R step R to R side, point L, (&) step down on L, point R to R side, (&) step on R (12)
5&6-7-8 Point L to L side, (&) hitch L, cross L over R, ¼ L step back on R, ¼ L step L to L side (6)

S4: CROSS R, TAP L, BACK L R HEEL, HOLD, DIAGONAL WALKS LR, L FORWARD MAMBO

1-2-&3-4 Cross R over L, tap L behind R, (&) step slightly back on L, dig R heel towards R diagonal, Hold
&5-6-7&8 (&) step down on R, walk forward L R diagonally R, rock forward on L, (&) rcover back on R, step back L

S5: LONG STEP BACK R, DRAG L, WALK FORWARD RL, 1/8 L R SIDE ROCK CROSS, L SIDE ROCK CROSS

1-2-&3-4 Take a long step back on R, drag L towards R, (&) step down on L, walk forward R L (diag)
&5-6 (&) Turn 1/8 L rock R to R side, recover wt onto L, cross R over L (6)
&7-8 (&) Rock L to L side, recover wt onto R, cross L over R (Restart wall 5)

S6: FULL TURN R WALKING RLRL, STEP FORWARD AND OUT R L HEELS, BACK R L TOGETHER

1-2-3-4 Make a full turn R walking round RLRL,
5-6-7-8 Step forward and out R L on heel, step back on R, step back on L next to R (6)
(Tag at end of wall 2) □

End Of Dance

TAG END OF WALL 2 : (Facing front)

1-2-3-4 With R take a long step to R diagonal with body facing L diagonal, drag L to R step down, bump RLR
5-6-7-8 With L take a long step to L diagonal with body facing R diagonal, drag R to L step down, bump LRL (Restart from beginning)

RESTART: WALL 5: Dance first 40 counts then restart from the beginning (you will be facing back wall)

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