

This City

COPPER **KNOB**
BY STEPHEN

拍数: 48 墙数: 2 级数: Improver
编舞者: Alan Birchall (UK) & Jacqui Jax (UK) - July 2017
音乐: This City - Lady A : (CD: Heart Break)



Start: On Lyrics Seconds: 12 Counts: 16 BPM: 97

CROSS ROCK, RECOVER, TRIPLE STEP, CROSS, SIDE, BEHIND ¼, STEP

1-2 Cross Rock Left Over Right, Recover On Right
3&4 Triple Step In Place Left, Right, Left
5-6 Cross Right Over Left, Step Left To Left
7&8 Cross Right Behind Left, Making ¼ Turn Left Step Forward On Left, Step Forward On Right - 09:00

STEP, ½ PIVOT, ½ TRIPLE TURN, BACK, BACK, COASTER STEP

9-10 Step Forward On Left, ½ Pivot Right 03:00
11&12 ½ Triple Turn Right Stepping Left, Right, Left 09:00
13-14 Step Back On Right, Step Back On Left
15&16 Step Back On Right, Step Left By Right, Step Forward On Right

HEEL SWITCHES, SIDE ROCK, RECOVER, CROSS ROCK, RECOVER, ¼ SIDE SHUFFLE

17&18& Touch Left Heel Forward, Step Left By Right, Touch Right Heel Forward, Step Right By Left
19-20 Rock Left To Left, Recover On Right
21-22 Cross Rock Left Over Right, Recover On Right
23&24 Make ¼ Turn Left Stepping Left, Right, Left 06:00

CROSS, SIDE, SAILOR X 2

25-26 Cross Right Over Left, Step Left To Left
27&28 Cross Right Behind Left, Step Left To Left, Step Right In Place
29-30 Cross Left Over Right, Step Right To Right
31&32 Cross Left Behind Right, Step Right To Right, Step Left In Place - Dance Finishes Here Facing 12:00

CROSS POINT X2, BEHIND, SIDE, CROSS, SIDE, TOGETHER, FORWARD

33-34 Cross Right Over Left, Point Left To Left
35-36 Cross Left Over Right, Point Right To Right
37&38 Cross Right Behind Left, Step Left To Left, Cross Right Over Left
39&40 Step Left To Left, Step Right By Left, Step Forward On Left

SIDE, TOGETHER, BACK, LOCK STEP, COASTER STEP, WALKS X 2

41&42 Step Right To Right, Step Left By Right, Step Back On Right
43&44 Step Back On Left, Lock Right Over Left, Step Back On Left
45&46 Step Back On Right, Step Left By Right, Step Forward On Right
47-48 Step Forward On Left, Step Forward On Right

START AGAIN

Email: alan@alanbirchall.com - Website: <http://www.alanbirchall.com>