

Lonely Without You

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Melvin Tan (MY) - July 2017
音乐: Mei You Ni Pei Ban Wo Zhen De Hao Gu Dan (没有你陪伴我真的好孤单) - Leng Mo (冷漠)



Intro: 32 Counts From The Beginning Of Music (App. 30 Seconds Into Track.)
Dance Starts On R Foot

Main Dance: 32 Counts

Section 1: □ (ROCK BACK, RECOVER, SIDE) X 2, COASTER STEP, FORWARD SHUFFLE

1&2 3&4 Rock RF Back (1), Recover On LF (&), Step RF To R (2), Rock LF Back (3), Recover On RF (&), Step LF To L (4) (12:00)
5&6 7&8 Step RF Back(5), Step LF Beside RF(&), Step RF Forward (6), Step LF Forward (7), Lock R Ball Behind LF(&) Step LF Forward(8) (12:00)

Section 2: □ MAMBO STEP, BACK, BACK, 1/2 L TURN FORWARD SHUFFLE, MAMBO 1/2 L TURN

1&2 3 4 Rock RF Forward (1), Recover On LF(&), Step RF Back (2), Step LF Back (3), Step RF Back(4) (12:00)
5&6 7&8 1/2 L Turn Step LF Forward(5), Lock R Ball Behind LF (&), Step LF Forward (6), Step RF Forward (7), 1/2 L Turn Recover On LF (&), Step RF Forward (8) (12:00)

Section 3: □ SIDE TOGETHER, SIDE ROCK RECOVER, CROSS, SIDE CHASSE, ROCK BACK RECOVER SIDE

1 2 3&4 Step LF To L (1), Step RF Beside LF (2), Rock LF To L(3), Recover On RF(&), Cross LF Over RF (4) (12:00)
5&6 7&8 Step RF To R (5), Step LF Beside RF (&), Step RF To R (6), Rock LF Back(7), Recover On RH(&), Step LF To L (8) (12:00)

Section 4: □ SAMBA STEP, 1/4 R TURN SAMBA STEP

1&2 3&4 Cross RF Over LF(1), Step L Ball To L(&), Recover On RF(2), Cross LF Over RF(3), Step R Ball To R(&), Recover On LF(4) (12:00)
5&6 7&8 1/4 R Turn Cross RF Over LF(5), Step L Ball To L(&), Recover On RF(6), Cross LF Over RF(7), Step R Ball To R(&), Recover On LF(8) (3:00)

Start Again

TAG: 4 Counts Tag After Wall 2 & After Wall 6 (Both Facing 6:00)

4 Counts □SWAY X 4

1 2 3 4 Sway Hip R,L,R,L

Enjoy!!! Happy Dancing.

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