

# American Girls

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 2                      级数: Phrased Improver  
编舞者: Antonio Manigas (IT) - July 2017  
音乐: Bleed Like That - Cody Bryan Band



Sequence : A,B,B,A(16),Ar(16),B,B,Bridge X2,A(16),B,B,B,B

## A1: ROCK RIGHT (FW/BCK),COASTER STEP LEFT,WAVE RIGHT,SIDE RIGHT,CROSS

1&2                      Step Right Forward, Step Right Back (Weight in Left)  
3&4                      Step Left Back,Step Right back Beside Left , Step Left Forward  
5&6                      Step Right To Right Side,Cross Left Behind Right,Step Right To Right Side  
&7&8                      Cross Left Behind Right, Step Right To Right Side,Step Left Beside Right , Cross Right Behind Left

## A2: (TURN ¼ LEFT SIDE) ROCK LEFT (TURN ¼ ),ROCK RIGHT (FW/BCK),COASTER STEP LEFT,SCUFF,JUMP,STOMP

1&2                      Turn ¼ To Left Side And Step Left Forward, Return To The Right (Weight To R),Turn ¼ To Left Side And Step Left Forward  
3&4                      (Weight On Left) Step Right Forward , Step Right Back  
5&6                      Step Left Back , Step Right Back Beside Left , Step Left Forward  
7&8                      Scuff Right , Jump Forward Right ,Stomp Right Beside Left

## A3: SCISSOR LEFT,(TURN ¼ RIGHT)ROCK RIGHT,SHUFFLE LEFT, ROCK BACK RIGHT , STOMP

1&2                      Step Left To Left Side , Step Right Beside Left , Cross Left Behind Right  
3&4                      Turn ¼ To Right Side And Step Right Forward , Return To Left (Weight To L) Turn ¼ To Right Side And Step Right Forward  
5&6                      Step Left Forward, Step Right Beside To Left , Step Left Forward  
7&8                      (Jumping) Rock Back On Right And Kick Left Forward, Return Onto Left , Stomp Right Beside Left

## A4: STEP LOCK RIGHT,FLICK, LOCK BACK , TURN ½ ROCK , TURN ½ ROCK , ROCK BACK RIGHT , STOMP

1&2&                      Step Right Forward , Lock Left Behind Right , Step Right Forward , Flick Left  
3&4                      Step Left Back , Close Right Over Left , Step Left Back  
5- 6                      Turn ½ (06:00) Step Right Foreard , Turn ½ (00:00) Step Right Forward  
7&8                      (Jumping) Rock Back On Right And Kick Left Forward , Return Onto Left ,Stomp Right Beside Left

## B1: TOUCH TOE, TOUCH HEEL,COASTER STEP RIGHT,TOUCH TOE , TOUCH HEEL,COASTER STEP LEFT

1&2                      Touch Right Toe Diagonally Back To Right, Touch Right Toe Diagonally Back To Right , Touch Right Heel Forward To Right  
3&4                      Step Right Back , Step Left Beside Right , Step Right Forward  
5&6                      Touch Left Toe Diagonally Back To Left , Touch Left Toe Diagonally Back To Left , Touch Heel Forward To Left  
7&8                      Step Left Back , Step Right Beside Left , Step Left Forward

## B2: KICK BALL CHANGE RIGHT(TWICE),STOMP LEFT(TWICE),TURN ½ ROCK, ROCK BACK, STOMP

1&2                      Kick Right Forward , Step Down On Ball Of Right Foot , Step Weight On Left And Stomp Beside Right  
3&4                      Kick Right Forward , Step Down On Ball Of Right Foot , Step Weight On Left And Stomp Beside Right  
5 -6                      Rock Right Forward , Turn ½ (06:00) Rock Right Forward

7&8 (Jumping) Rock Back On Right And Kick Left Forward , Return Onto Left , Stomp Right Beside Left

### Bridge

#### **S1:VAUDEVILLE LEFT/RIGHT, HOOK COMBINATION,SHUFFLE RIGHT**

1&2& Cross Right Over Left ,Step Left Diagonally Back To Left, Touch Right Heel Diagonally Forward To Right, Step Right To Right Side

3&4& Cross Left Over Right, Step Right Diagonally Back To Right, Touch Left Heel Diagonally Forward To Left Step Left To Left Side

5&6& Kick Forward Right, Hook Right Over Left,Kick Forward Right, Flick Right

7&8 Step Right Forward, Step Left Beside Right , Step Right Forward

#### **S2: ROCK TURN ½ ,FULL TURN,ROCK RIGHT (FW/BCK),COASTER STEP LEFT**

1-2 Rock Left Forward, Turn ½ (06:00) Rock Left Forward

3-4 Turn ½ (00:00) Step Right To Back Side , Turn ½ (06:00) Step Left Forward

5&6 Step Right Forward , Step Right Back (Weight On Left)

7&8 Step Left Back , Step Right Beside Left , Step Left Forward

### Repeat

Restart After 16 counts on the 2th repetition (part A)

Bridges After 2nd repetition part B

Contact: [manigasantonio@gmail.com](mailto:manigasantonio@gmail.com)

---