

Save The Last Dance 4 Me

COPPERKNOB
BY STEPHEN

拍数: 72 墙数: 4 级数: Low Intermediate
编舞者: Kim-Fundazer (MY) - July 2017
音乐: Save the Last Dance for Me - Emmylou Harris



Alt. Music: Save The Last Dance For Me – Randy Meisner

Intro: 32-counts... (Emmylou Harris)

Intro: 16-counts... (Randy Meisner)

SECT 1: ROCK BACK, RECOVER, FORWARD LOCK STEP, ROCK FORWARD, RECOVER, BACK LOCK STEP

1-2 Rock back on Rf, recover weight onto Lf
3&4 Step forward on Rf, lock step Lf behind Rf, step forward on Rf
5-6 Rock forward on Lf, recover weight onto Rf
7&8 Step back on Lf, cross Rf over Lf, step back on Lf (12:00)

SECT 2: SIDE ROCK-RECOVER, TRIPLE STEP IN PLACE X 2

1-2 Rock Rf to side, recover onto Lf
3&4 Triple step stepping Rf next to Lf, recover on Lf, step Rf in place
5-6 Rock Lf to side, recover onto Rf
7&8 Triple step stepping Lf next Rf, recover on Rf, step Lf in place (12:00)

SECT 3: ROCK BACK, RECOVER, SHUFFLE 1/2 TURN X2

1-2 Rock back on Rf, recover onto Lf
3&4 Shuffle turn ½ left stepping on Rf-Lf-Rf (6:00)
5-6 Rock back on Lf, recover onto Rf
7&8 Shuffle turn ½ right stepping on Lf-Rf-Lf (12:00)

SECT 4: 1/4 TURN, CHA CHA BOX STEP

1-2 Turn ¼ right stepping Rf to the side, step Lf close to Rf (3:00)
3&4 Step forward on Rf, lock step Lf behind Rf, step forward on Rf
5-6 Step Lf to side, step Rf close to Lf
7&8 Step back on Lf, cross step Rf over Lf, step back on Lf (3:00)

*Restart here on Wall 3, after 32 counts, for music by Randy Meisner

SECT 5: ROCK BACK, HOOK, FORWARD LOCK STEP, STEP, PIVOT 3/4, SIDE CHASSE

1-2 Rock back on Rf, hook Lf in front of Rf
3&4 Step forward on Lf, lock step Rf behind Lf, step forward on Lf
5-6 Step forward on Rf, pivot ¾ turn left
7&8 Step Rf to side, step Lf next to Rf, step Rf to side (6:00)

SECT 6: NEW YORK, SIDE CHASSE

1-2 Turn ¼ right crossing Lf over Rf, recover onto Rf (9:00)
3&4 Turn ¼ left, step Lf to side, step Rf close to Lf, step Lf to side (6:00)
5-6 Turn ¼ left crossing Rf over Lf, recover onto Lf (3:00)
7&8 Turn ¼ right, step Rf to side, step Lf close to Rf, step Rf to side (6:00)

SECT 7: CROSS STEP-POINT, RONDE 1/4 TRIPLE STEP, SIDE ROCK, RECOVER, FORWARD LOCK STEP

1-2 Cross step Lf over Rf. Point Rf to side
3&4 Ronde ¼ right sweeping Rf behind Lf, step Lf next to Rf, step Rf in place (9:00)
5-6 Step Lf to side, recover onto Rf

7&8 Step forward on Lf, lock step Rf behind Lf, step forward on Lf (9:00)

SECT 8: STEP PIVOT 1/2 LEFT, FORWARD LOCK STEP, SIDE ROCK, RECOVER, TRIPLE STEP IN PLACE

1-2 Step forward on Rf, pivot ½ left taking weight on Lf (3:00)

3&4 Step forward on Rf, lock step Lf behind Rf, step forward on Rf

5-6 Rock to the side on Lf, recover onto Rf

7&8 Triple step in place stepping Lf next to Rf-Lf-Rf (3:00)

****Restart here on Wall 3, after 64 counts, for music by Emmylou Harris**

SECT 9: ROCK BACK, RECOVER, FORWARD LOCK STEP, STEP PIVOT 1/2 RIGHT, SHUFFLE 1/2 TURN

1-2 Rock back on Rf, recover onto Lf

3&4 Step forward on Rf, lock step Lf behind Rf, step forward on Rf (3:00)

5-6 Step forward on Lf, pivot ½ right taking weight on Rf (9:00)

7&8 Turn ¼ right stepping Lf to side, step Rf next to Lf, turn ¼ right stepping back on Lf (3:00)

Restarts:-

*** On Wall 3 after 32 counts, 'Restart' 9 O'clock (Randy Meisner)**

****On Wall 3 after 64 counts, 'Restart' 9 O'clock (Emmylou Harris)**

Have fun, enjoy!

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