

拍数: 64

级数: Easy Intermediate

编舞者: Lisa McCammon (USA) - July 2017

墙数: 2

音乐: Hold up Wait a Minute (Woo Woo) - Antonique Smith : (CD: Hold Up Wait A Minute, Woo Woo)

#16 count intro; start weight on RIGHT

Thanks to Rachael McEnaney-White for the inspiration to write this as a floor split for her advanced dance, Woo Woo.

WALK BACK L, R, L, TURN-CLOSE-STEP, WALK, WALK, ROCK-RECOVER

- 1-2-3 Walk back L, R, L (sweep R to prepare for turn)
- 4&5 Turn right ¼ [3] stepping back R, step L next to R, step forward R
- 6-7, 8& Walk forward L, R, rock forward L, recover R

WALK BACK L, R, L, COASTER STEP, STEP, TURN, CROSS-&-CROSS

- 1-2-3, 4&5 Walk back L, R, L, step back R, close L, step forward R
- 6-7, 8&1 Step forward L, turn right ¼ [6], cross L, step R to side, cross L

SIDE, TOUCH, KICK-BALL-CROSS, SIDE, TOUCH, KICK-BALL-CROSS

- 2-3, 4&5 Step R to side, touch L next to R (open slightly to left diagonal), kick L, step L, cross R
- 6-7, 8&1 Step L to side, touch R next to L (open slightly to right diagonal), kick R, step R, cross L

SWAY R, L, R SAILOR, CROSS ROCK, RECOVER, TURN-CLOSE

- 2-3 Step R to side swaying R, sway L
- 4&5 Step R behind, step L to side, step R to side (open slightly to right diagonal)
- 6-7, 8& Cross rock L, recover R, turn left ¼ [3] stepping forward L, close R

STEP, HITCH, OUT-OUT-IN-IN-BALL-HEEL-BALL-TOES-BALL-STEP, TURN

- 1-2 Step forward L, hitch R
- &3&4 Step R to side, step L to side (feet slightly apart, weight L), step R in, close L (weight L)
- &5&6 Step R slightly back, touch L heel forward, step L home, touch R toes home
- &7-8 Step R slightly back, step forward L, turn right 1/2 [9]

REPEAT PREVIOUS 8

- 1-2 Step forward L, hitch R
- &3&4 Step R to side, step L to side (feet slightly apart, weight L), step R in, close L (weight L)
- &5&6 Step R slightly back, touch L heel forward, step L home, touch R toes home
- &7-8 Step R slightly back, step forward L, turn right ¹/₂ [3]

STEP, POINT, POINT, POINT, CROSS, TURN SIDE, CROSS-&-CROSS

- 1-2-3-4 Step forward L, point R toes to side, point R toes forward, point R toes to side
- 5-6-7, 8&1 Cross R, turn right ¼ [6] stepping back L, step R to side, cross L, step R to side, cross L

SIDE, CLOSE, &-POP-&-POP, SIDE-CLOSE-FORWARD, SIDE-CLOSE [RUMBA BOX WITH COUNT 1]

- 2-3 Step R to side, close L (weight even on balls of feet)
- &4&5 Pop both knees forward/back, forward/back, ending weight on L
- 6&7, 8& Step R to side, close L, step R forward, step L to side, close R

All rights reserved, July 2017. Rev 7/17/17. This step sheet is not authorized for publication on Kickit. If you have a script of this dance with the Kickit logo it should be destroyed, because it has been posted without permission or proper credit, and may have been altered without my knowledge or consent. Contact Lisa at



Last Update - 18th July 2017