

La Vida Me Cambio

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Andrico Yusran (INA) - July 2017
音乐: La Vida Me Cambió - Diana Fuentes & Gente de Zona : (Official Video)



Restart : on wall 3 after 16 counts

Start on lyric : 16 counts

S1# Forward Mambo - Back Mambo - Pivot 1/2 to R - Side Mambo Forward

1&2 L forward , R in place , L close beside R
3&4 R backward , L in place , R close beside L
5&6 L forward 1/2 turn R , R in place , L forward
7&8 R to side , L in place , R forward

S2# Syncopated forward L , Syncopated forward R

1&2 L forward , R in place , L backward
&3&4 R in place , L to side , R in place , L forward
5&6 R forward , L in place , R backward
&7&8 L in place , R to side , L in place , R forward

S3# Step forward 1/4 R - Step Cross - Side Chasse - Botafogo - Cross Shuffle

1&2 L forward 1/4 to R , R in Place , L cross over R
3&4 R to side , L beside R , R to side
5&6 L cross over R , R to side , L in place
7&8 R cross over L , L to side , R cross over L

S4# Side Mambo (L - R) - Side (body wave) - Side Mambo Forward

1&2 L to side , R in place , L close beside R
3&4 R to side , L in place , R close beside L
5-6 L to side (body wave) , L close beside R
7&8 R to side , L in place , R forward

Enjoy the Dance !

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