I Won't Let You Down



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Carrie Bauer (USA) - July 2017

音乐: I Won't Let You Down - Meghan Trainor: (Album: Thank You)



Intro: 16 counts

[1-8] MAMBO RIGHT BACK, MAMBO LEFT FORWARD, RIGHT ROCK RECOVER CROSS, SYNCOPATED VINE TO THE LEFT. CROSS RIGHT OVER LEFT (finish 12:00)

1&2 Rock R back (1), recover L (&), step R forward (2)
3&4 Rock L forward (3), recover R (&), step L back (4)
5&6 Rock R to right side (5), recover L (&), cross R over L (6)

7&8& Step L to left side (7), cross R behind L (&), step L to left side (8), cross R over L (&)

[9-16] LEFT POINT TURN ¼ LEFT (9:00), KICK LEFT FORWARD, LEFT COASTER STEP, ROCK RECOVER RIGHT FORWARD, STEP ½ TURN RIGHT, SIDE ROCK RECOVER LEFT, CROSSING TRIPLE LEFT OVER RIGHT (END ON NEXT COUNT 1) (finish 3:00)

1&2 Point L to left side (1), turn ¼ left on L toes/R foot (weight on R)(&), kick L forward (2)(9:00)

Step L back (3), step R back next to L (&), step L forward (4)
Rock R forward (5), recover L (&), step ½ R (6) (3:00)

7&8& Rock L to left side (7), recover R (&), cross L over R (8), step R to right side (&)

[17-24] TAP RIGHT TOE TWICE BEHIND LEFT FOOT, STEP-LOCK-STEP BACK RIGHT, STEP-LOCK-STEP BACK LEFT, SYNCOPATED INVERTED ROCKING CHAIR (finish 3:00)

1 Cross L over R

Tap R toe twice behind L foot, clapping hands with each tap
Step R back (3), cross L in front of R (&), step R back (4)
Step L back (5), cross R in front of L (&), step L back (6)

7&8& Rock R back (7), recover L (&), rock R forward (8), recover L (7)

[25-32] RIGHT ROCK AND CROSS, STEP LEFT DRAG RIGHT, STOMP RIGHT HEEL NEXT TO LEFT FOOT TWICE, KICK AND POINT RIGHT AND LEFT (finish 3:00)

1&2 Rock R right side (1), recover L (&), cross R over L (2)

3&4 Large step L (3), drag R touch next to L twice with hand claps (&4)
5&6 Kick R forward (5), step R next to L (&), point L to left side (6)
7&8 Kick L forward (7) step L next to R (&), point R to right side (8)

Restart here on Wall 5 facing 3:00 o'clock.

[33-40] SAMBA ¼ TURN RIGHT (6:00), SAMBA LEFT, ROCK RECOVER RIGHT CROSS OVER LEFT FORWARD AND RIGHT SIDE, SWEEP RIGHT SAILOR ¼ TURN RIGHT, STEP LEFT SLIGHTLY FORWARD (finish 9:00)

1&2 Cross R over L making ½ turn right (1), rock L back diagonal left (&), recover R (2) (6:00)

3&4 Cross L over R (3), rock R back diagonal right (&), recover L (4)

5&6& Rock R forward (5), recover L (&), rock R to right side (6), recover L (&)

7&8& Sweep R behind L with ¼ turn right (7) (9:00), step L to left side (&), step R to right side (8),

step L slightly forward (&)

[41-48] SIDE-TOGETHER-FORWARD RIGHT AND LEFT; HEEL SWITCHES RIGHT AND LEFT, PLANT RIGHT FOOT FORWARD, TWIST RIGHT AND CENTER ON BALLS OF BOTH FEET (finish 9:00)

Step R to right side (1), step L next to R (&), step R forward (2)

Step L to left side (3), step R next to L (&), step L forward (4)

5&6& Place R heel forward (5), step R next to L (&), L heel forward (6), step L next to R (&)

Place R in front of left (7), twist R and L heels to the right (&), return heels to center (8), end with weight on L. (9:00)

Begin again.

7&8

Restart on Wall 5: facing 12:00, restart after 32 counts at the 3:00 wall)

Ending: on wall 7, the dance finishes at 9:00. Just make one adjustment – the twists on counts 7&8 (31&32) should done over rotated to allow finishing at the front wall.

Questions or concerns may be directed to me at linedancelawyer@yahoo.com. Please do not alter this dance without permission. Thank you! Carrie Bauer