

Side Effects

拍数: 32 墙数: 4 级数: Beginner / Novice
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音乐: Side Effects - Tara Thompson



Dance starts on vocals (after 32 counts)

STEP OUT, STEP OUT, HOLD, SAILOR ¼ LEFT, PIVOT ¼ LEFT, CROSS SHUFFLE

&1-2 RF step out, LF step out, hold,(Option on hold is a hip roll)
3&4 ¼ turn left & LF cross behind RF, RF step side, LF step forward
5-6 RF step forward, ¼ turn left & Weight end on LF
7&8 RF cross over LF, LF step side, RF cross over LF

STEP OUT, HOLD, SAILOR ¼ RIGHT, PIVOT ¼ RIGHT, CROSS SHUFFLE

1-2 LF step out, hold,(Option on hold is: body roll side)
3&4 ¼ turn right & RF cross behind LF, LF step side, RF step forward
5-6 LF step forward, ¼ turn right & Weight end on RF
7&8 LF cross over RF, RF step side, LF cross over RF

*Restart in walls 2 & 6

GRAPEVINE RIGHT, TOUCH, HEEL JACK 2X

1-2 RF step right, LF cross behind RF
3-4 RF step side, LF touch to RF
&5&6 LF step back, Touch Right heel in place, RF step on RF, LF touch to RF
&7&8 LF step back, Touch Right heel in place, RF step on RF, LF touch to RF

**2 Count Tag in wall 10

GRAPEVINE ¼ TURN LEFT, TOUCH, HEEL JACK 2X

1-2 LF step left, RF cross behind LF
3-4 ¼ turn left & LF step forward, RF touch to LF
&5&6 RF step | back, Touch Left heel in place, LF step on LF, RF touch to LF
&7&8 RF step | back, Touch Left heel in place, LF step on LF, RF touch to LF

*Restart in wall 2 & 6 after 16 counts

**Tag in wall 10:

&1,2 Step on LF, RF tap heel, RF tap heel

Have fun!!

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