

Double Pillow

拍数: 48 墙数: 4 级数: Beginner waltz
编舞者: Tina Chen Sue-Huei (TW) & Juilin Chen (TW) - May 2017
音乐: Double Pillow (雙人枕頭) - Jason Wang (王識賢)



Intro : Start dance on vocals

TAG: 3-cnt Tag ~ SIDE MAMBO

1 - 3 R to side, recover L, touch R beside L

Tag ~ At the end of Walls 1, 5 and 7 , add in the 3-cnt Tag.
Restart ~ On Wall 3, dance 24 counts, then Restart dance.

Main Dance

SIDE-BACK ROCK x 2

1 - 3 R to side, L behind R, recover R

4 - 6 L to side, R behind L, recover L

FWD-TOG-HOLD. SIDE STRETCH-HOLD-HOLD

1 - 3 R fwd, L beside R, Hold

4 - 6 Bend L knee-R stretch out to side, Hold, Hold

1/4R TWINKLE. 3/4L TWINKLE

1 - 3 R over L, L fwd-1/4R, R beside L [3]

4 - 6 L fwd, R fwd-1/2L, 1/4L-L fwd [6]

RONDE R OVER L. FWD 1/4R TWINKLE

1 - 3 Sweep R back to front, touch R over R, Hold

4 - 6 R fwd, 1/4R-L beside R, R in place [9]

DIAG RIGHT FWD SHUFFLE. 1/4R DIAG BACK SHUFFLE

1 - 3 L fwd diag right, R beside L, L fwd [10:30]

4 - 6 1/4R-R back, L beside R, R back [1:30]

DIAG RIGHT FWD SHUFFLE. 1/4R DIAG BACK SHUFFLE

1 - 3 L fwd diag right, R beside L, L fwd [4:30]

4 - 6 1/4R-R back, L beside R, R back [7:30]

RUMBA UP. RUMBA DOWN

1 - 3 L fwd, R to side, L beside R [9]

4 - 6 R back, L to side, R beside L

SIDE-BACK ROCK. SIDE MAMBO

1 - 3 L to side, R behind L, recover L

4 - 6 R to side, recover L, touch R beside L

START DANCE AGAIN

Happy Dancing!

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