

Unhinged

拍数: 48 墙数: 2 级数: Advanced NC2S
编舞者: Travis Taylor (AUS) - July 2017
音乐: Unhinged - Nick Jonas : (Album: Last Year Was Complicated. - iTunes - 3:52)



Intro: □ 16 Counts In (14 Seconds)

Side Drag, Sailor 1/4 L, Fwd 1/2 1/2, Rock Fwd/Replace, Back Lock Back

1 Step R to R side dragging L towards R
2&3 Sailor 1/4 L: Step L behind R, Step R to R side, 1/4 L Step L fwd
4&5 Step R fwd, 1/2 R Step L back, 1/2 R Step R fwd
6-7 Rock L fwd, Replace weight on R
8&1 Step L back, Lock R over L, Step L back whilst sweeping R around

Behind Side Cross, Cross Side Behind, Behind, 1/4 L, Quick Pivot 1/2 L

2&3 Step R behind L, Step L to L side, Cross R over L whilst sweeping L around
4&5 Step L over R, Step R to R side, Step L behind R whilst sweeping R around
6-7 Step R behind L, 1/4 L Step L fwd
8& Step R fwd, 1/2 L Pivot weight on L

Full Turn, Rock Fwd/Replace, 1 & 1/4 Triple R, Cross Samba Cross

1-2 1/2 L Step R back, 1/2 L Step L fwd
3-4 Lunge Rock R fwd, Replace weight on L
5&6 1/2 R Step R fwd, 1/2 R Step L back, 1/4 R Step R to R side
7&8& Cross L over R, Rock R to R side, Replace weight on L, Cross R over L

Side Behind & Cross Rock & Cross 1/4 L Back, 1/2 L Fwd, 2x Quick Pivots 1/2 L

1-2& Step L to L side, Step R behind L, Step L to L side
3-4& Cross Rock R over L, Replace weight on L, Step R slightly to R side
5-6 Cross L over R, 1/4 L Step R back
7 1/2 L Step L fwd
8&8&1 Step R fwd, 1/2 L Pivot weight on L, Step R fwd, 1/2 L Pivot weight on L

1/4 Hinge Rock, 1/4 Replace, 1/4 Side Prep, 1 & 1/4 L Triple L, Rock Fwd/Replace

2-3 1/4 L Rock R to R side, 1/4 R Replace weight on L
4-5 1/4 R Step R to R side, 1/4 L Replace weight on L
6&7 1/2 L Step R back, 1/2 L Step L fwd, Step R fwd
8& Rock L fwd, Replace weight on L *STEP L FWD ON COUNT 8 ON WALL 5

Lock Shuffle Back, 1/2 Rock Fwd/Replace, 1/2 Fwd, Side, Rock, Cross

1&2 Step L back, Lock R over L, Step L back
3-4 1/2 R Rock R fwd, Push/Replace weight on L
5-8 1/2 R Step R fwd, Rock L to L side, Replace weight on R, Cross L over R

Restart: On Wall 3 – Replace Count 8 with a 1/4 L Step L to L side

6-7-8 Rock L fwd, Replace weight on R, 1/4 L Step L to L side to Restart (6:00)

Restart: On Wall 5 – In the 5th Section of 8, Replace Count 8 with a Step fwd L to Restart

Note: □ The single counts throughout this dance is very slow, take your time, especially the 3rd section of 8 and the last 4 Counts of the dance

