Lay All Your Love On Me



拍数: 48 编数: 4 级数: Intermediate

编舞者: Sally Hung (TW) - July 2017 音乐: Lay All Your Love On Me - ABBA



Sequence of dance: -

Tag after finishing S4 of Wall 3, facing 6:00 Restart after finishing S5 of Wall 4, facing 9:00 Tag after finishing S4 of Wall 6, facing 12:00 Restart after finishing S4 of Wall 8, facing 6:00 Tag after finishing S4 of Wall 10, facing 9:00

Intro: start to dance on the 1st heavy beat (approxi 16 sec)

Tag (4 counts) Unwind ¾ turn L

1,2,3,4 Cross step R toe over L, unwind ¾ turn L, weight ends on the L

S1. SIDE, POINT, SIDE, POINT, VINE R WITH TOUCH

1,2,3,4 Step R to the R, touch L toe across R, step L to the L, touch R toe across L 5,6,7,8 Step R to the R, cross step L behind R, step R to the R, touch L beside R

S2. 1/4 R SIDE, POINT, SIDE, POINT, VINE L WITH TOUCH

5,6,7,8 Step L to the L, cross step R behind L, step L to the L, touch R beside L

S3. STEP. HITCH. COASTER STEP. ¾ L PADDLE POINTS

1,2,3&4 Step R fwd, hitch L, step back on L, step R beside L, step L fwd

5,6,7,8 Turning ¼ L point R to R, ¼ L point R to R, ½ L point R to R, 1/8 L point R to R

S4. STEP, STEP, FWD SHUFFLE, STEP, ½ TURN L, FWD SHUFFLE

1,2,3&4 Step R fwd, step L fwd, fwd shuffle on RLR 5,6,7&8 Step L fwd, make a ½ turn L, fwd shuffle on LRL

S5. CROSS, POINT, CROSS POINT, BACK, POINT, BACK POINT

1,2,3,4 Cross step R over L, point L to L, cross step L over R, point R to R 5,6,7,8 Step R behind L, point L to L, step L behind R, point R to R

S6. SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE, 1/4 TURN R, FWD SHUFFLE

1,2,3&4 Rock R to R side, recover onto L, cross shuffle on RLR 5,6,7&8 Step L to the L, make a ¼ turn R, fwd shuffle on LRL

Have fun!

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