

Road Less Travelled

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: High Intermediate
编舞者: Hiroko Carlsson (AUS) - July 2017
音乐: Road Less Travelled - Lauren Alaina : (iTunes)



(Intro: count 8/ Start on vocals)

[S1] Step, Heel In-Toe In-Heel In, Side Rock, Behind, Side Rock, Behind, 1/4L Fwd, Step Pivot 1/2L

1 Step R fwd weight on L
2&3 R heel in, R toe in, R heel in (Right foot zigzag to the left)
&4& Rock/step L to left side, Recover weight on R, Step L behind R
5& Rock/step R to right side, Recover weight on L
6& Step R behind, Turning 1/4L step L fwd
7 8 Step R fwd, Turning 1/2L weight on L (3:00)

[S2] Semicircle Walk RLRL, Fwd Point, Slide Back, &, Monterey 1/4L

1 2 3 4 (Walking around a semicircle shape right) Step R fwd, Step L fwd, Step R fwd, Step L fwd (9:00)
5 6& Point R toe fwd weight on L, Sliding R back, Step R next to L (weight switch)
7 8 Point L to left side and prep for Monterey turn, Turning 1/4L on R step L next to R (6:00)

[S3] Fwd, Step 1/2R Pivot, Full Turn R, Cross Samba, Cross, 1/4R Back, Side

1 2 Step R fwd, Step L fwd
3 4 5 Turning 1/2R step R fwd, Turning 1/2R step L back, Turning 1/2R step R fwd
6&7 Step/cross L over R, Step R to right side, Step L next to R
&8& Cross R over L, Turning 1/4R step L back, Step R to right side (3:00)

[S4] Cross Shuffle, 1/4R Twist, 1/4L Cross, &, Box Step w/ Kick

1&2 Cross L over R, Step R close to L, Cross L over R
3 4& Step R to right side with 1/4R body twist (facing 6:00), Turning back to 3:00 cross L over R, Step R close to L
5 6 7 8 Cross L over R, Step R back, Step L to left side, Kick R diagonally left side fwd (3:00)

[S5] Touch Back, Unwind 1/2R, 1/2R Back, Touch Back, Unwind 1/2R, 1/2R Back, Back Rock

1 2 3 Touch R back, Unwind 1/2R weigh on R, Turning 1/2R step L back
4 5 6 Touch R back, Unwind 1/2R weigh on R, Turning 1/2R step L back
7 8 Rock/step R back, Recover weight on L (3:00)

[S6] Fwd w/ Slide, 1/4R Side w/ Slide, 4x Sway RLRL

1 2 Step R fwd, Drag L towards R
3 4 Turning 1/4R step L to left side, Drag R towards L
5 6 7 8 Step R to right side w/ sway R, Sway L, Sway R, Sway L** (6:00)

[S7] Step 1/4L Paddle Turn, Spot Run RLR, Step 1/2R Pivot Turn, Spot Run LRL

1 2 Step R fwd, Turning 1/4L weight on L
3&4 Run on the spot R-L-R
5 6 Step L fwd, Turning 1/2R weight on R
7&8 Run on the spot L-R-L (9:00)

Styling Tips- Swing the opposite arms and legs in sync while running (on counts 3&4, 7&8). Arms forward and swing the arms from the elbows at about a 90-degree angle. Allow the elbow angle to fluctuate during the arm swing.

[S8] Fwd Rock, 1/2R fwd, 1/2R Back, 1/4R Fwd, 2x Paddle Ball, Fwd

1 2 Rock/step R fwd, Recover weight on L

3 4 5 Turning 1/2R step R fwd, Turning 1/2R step L back, Turning 1/4R step R fwd

6 7 8 (Keep weight on R for the next 2 counts) Turning 1/4R touching L to left side, Turning 1/4R touching L to left side, Step L fwd (6:00)

Restart Wall 2 count 48 (12:00)**

(updated: 2/July/17)

Please contact me if you have any inquiry. (hirokoclinedancing@gmail.com)
