

Heart Break

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Judy Rodgers (USA) - July 2017
音乐: Heart Break - Lady A



Intro: 16 counts - (note: sequence is 32, 48, 16, 48, 16, 48, 24.....dance Restarts on chorus each time)

S1: □ Side rock recover, side behind side, rock recover, turn ¼ R shuffle

1-2& Step R large step to right side, rock L back, recover R
3-4& Step L large step to left side, step R behind L, step L to left side
5-6 Cross/rock R over L, recover L
7&8 Turn 1/4 right shuffle fwd R L R □ □ 3:00

S2: □ Side behind side, cross turn 1/4 R, rumba box fwd R & L

1-2& Step L to left side, step R behind L, step L to left side
3-4 Cross R over L, turn 1/4 right step L back □ □ 6:00
5&6 Step R to right side, step L beside R, step R fwd
7&8 Step L to left side, step R beside L, step L fwd

**** Restart here on Walls 3 and 5**

S3: □ Cross/rock side, cross/rock turn 1/4 L, walk, walk, mambo turn 1/2 R

1-2& Cross rock R over L, recover L, step R to right side
3-4& Cross rock L over R, recover R, turn ¼ left step L fwd 3:00
5-6 Walk R, walk L
7-8 Rock R fwd, recover L, turn 1/2 right step R fwd □ □ 9:00

S4: □ Sway sway, sailor turn 1/4 L, step, turn 1/2 R, turn 1/2 R, step

1-2 Sway L, sway R
3&4 Turn 1/4 left sweep L from front behind R, step R to right side, step L to left side 6:00
5-8 Step R fwd, turn 1/2 right step L back, turn 1/2 right step R fwd, step L fwd

**** Restart here on Wall 1**

S5: □ Side rock recover, coaster turn 1/4 R, step rock recover, back sweep, back sweep

1-2& Step R large step to right side, rock L back, recover R
3-4& Step L large step to left side, turn ¼ right step R beside L, step L slightly forward □ 9:00
5-6& Step R forward, rock forward L, recover R
7-8 Walk back L sweep R, walk back R sweep L

S6: □ Coaster step, full turn shuffle, rock recover, run run run

1&2 Step L back, step R beside L, step L fwd
3&4 Full turn shuffle left R, L, R □ 9:00
5-6 Rock L fwd, recover R
7&8 Run back L R L

*****3 Restarts:**

Wall 1: dance 32 counts and restart from beginning, facing 6:00 □ □ (wall 2 starts 6:00 ends 3:00)

Wall 3: dance 16 counts and restart from beginning, facing 9:00 □ □ (wall 4 starts 9:00 ends 6:00)

Wall 5: dance 16 counts and restart from beginning, facing 12:00 □ □ (wall 6 starts 12:00 ends 9:00)

Ending: Wall 7 - dance 24 cnts - add (step L fwd, pivot 1/2 right, step L fwd) - facing front... smile!!)

Contact: jrdancing@bellsouth.net

