

Mustang Sally

COPPER KNOB
STEPPERS

拍数: 64
编舞者: Judy Rodgers (USA) - July 2017
音乐: Mustang Sally - Wilson Pickett

墙数: 4

级数: Easy Intermediate



(Alternate music suggestion: Some Kind of Wonderful by Grand Funk Railroad)

#16 Count intro □(no tags or restarts)

S1: □Anchor step, shuffle, rock recover, kick ball change

1&2 Step R behind L, step L in place, step R behind L
3&4 Shuffle in place L R L
5-6 Rock R back, recover L
7&8 Kick R fwd, step down R, step L fwd

S2: □Step together, swivel heels toes heels, kick step, turn 1/4 R walk walk

1-2 Step R fwd, step L beside R
3&4 Swivel heels, toes, heels to the right
5-8 Kick L to left diagonal, step L down behind R, turn 1/4 right walk R, walk L □3:00

S3: □Anchor step, shuffle, rock recover, kick ball change

1&2 Step R behind L, step L in place, step R behind L
3&4 Shuffle in place L R L
5-6 Rock R back, recover L
7&8 Kick R fwd, step down R, step L fwd

S4: □Shuffle, shuffle turn 1/2 R, rock recover, skate skate

1&2 Shuffle fwd R L R
3&4 Turn 1/2 right shuffle back L R L □9:00
5-8 Rock R back, recover L, skate fwd R L

S5: □Step pivot 1/4 L, cross side tap heel, step cross turn 1/4 L, turn 1/4 L shuffle

1-2 Step fwd R, pivot 1/4 left step L to side □6:00
3&4 Cross R over L, step L to left side, tap R heel fwd to right diagonal
&5-6 Step R down, cross L over R, turn 1/4 left step R back □3:00
7&8 Turn 1/4 left shuffle to left side L R L □12:00

S6: □Cross toe strut, side toe strut, cross, back, big step, drag

1-4 Cross R toe over L, step down R, touch L toe to left side, step down L
5-8 Cross R over L, step L back, step R big step back, drag L heel toward R

S7: □Ball step, walk, walk, shuffle, step turn 1/2 L, coaster step

&1-2 L ball step, walk R fwd, walk L fwd
3&4 Shuffle fwd R L R
5-6 Step L fwd, turn 1/2 left step R back □□6:00
7&8 Step L back, step R beside L, step L fwd

S8: □Lindy swivels (point ball change), sailor step, sailor turn 1/4

1&2 Swivel right point R toe to fwd diagonal, touch R toe beside L, swivel left step L to left diagonal
3&4 Swivel right point R toe to fwd diagonal, touch R toe beside L, swivel left step L to left diagonal
5&6 Step R to behind L, step L to left side, step R to right side

7&8 Turn 1/4 left step L behind R, step R to right side, step L to left slightly fwd - 3:00

Contact: jrdancing@bellsouth.net
