

# Roots

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Tina Argyle (UK) - July 2017  
音乐: Roots - Zac Brown Band : (Single - iTunes)



Count In : 32 counts from start of track – just before lyrics

## Side Rock Cross Shuffle. ½ Hinge Turn Cross Shuffle.

1 -2                      Rock right to right side, recover.  
3&4                      Cross right over left step left to left side, cross right over left  
5 -6                      Make ¼ turn right stepping back left, make ¼ turn right stepping right to right side (6 o'clock)  
7&8                      Cross left over right, step right to right side, cross left over right.

## Side Rock Cross Shuffle. Side Rock ¼ Turn. Step ¼ Pivot Turn.

1 - 2                      Rock right to right side, recover.  
3&4                      Cross right over left step left to left side, cross right over left  
5- 6                      Rock left to left side, make ¼ right onto right  
7- 8                      Step fwd left, make ¼ turn right onto right (12 o'clock)

## Syncopated Jazz Box. Side Step. Rock Back. Heel & Cross

1 - 2                      Cross left over right, step back right  
&3-4                      Step left to left side, cross right over left taking weight, step left to left side  
5 - 6                      Rock right behind left, recover  
7&8                      Slightly facing right diagonal Touch right to diagonal, step down right, cross left over right.

\*\*\* Re Start here during Wall 5 facing 6 o'clock \*\*\*

## Heel & Cross. Rock ¼ Turn. Dorothy Step Fwd Right Then Left

1&2                      Slightly facing right diagonal Touch right to diagonal, step down right, cross left over right.  
3-4                      Rock right to right side, make ¼ turn left onto left.  
5 -6                      Step fwd right to right diagonal, lock left behind right  
&7-8                      Step fwd right to diagonal again, step left to left diagonal , lock right behind left  
&                      Step forward left square to (9 o'clock)

\*\*\* Re Start here during Wall 2 facing 12 o'clock \*\*\*

## Switching Rock Steps Fwd. Shuffle Back. Rock Back.

1 - 2                      Rock fwd right, recover onto left  
&3-4                      Step right at side of left, Rock fwd left, recover onto right  
5 &6                      Step back left, close right at side of left, step back left  
7- 8                      Rock back right, recover weight onto left

## ½ Shuffle Turn. Rock Back ½ Shuffle Turn. ½ Turn Walk Fwd Right, Left.

1&2                      Make 1/2 turn left stepping back right, step left at side of right, step back right (3 o'clock)  
3 -4                      Rock back left, recover weight onto right  
5&6                      Make 1/2 turn right stepping back left, step right at side of left, step back left (9 o'clock)  
7- 8                      Make ½ turn right stepping fwd right then left (3 o'clock)

Re-Starts on walls 2 & 5 - see step description above.

NB;- As the track slows down a the end, keep dancing you will finish the dance on count 7 of section one facing 12 o'clock then he sings the last word "Roots"

Thanks to Lee Webb for recommending this track x

Contact: [vineline@hotmail.co.uk](mailto:vineline@hotmail.co.uk) - [tinaargyle.com](http://tinaargyle.com)

---