

The One You're Waiting On

COPPER KNOB
BY STEPHEN

拍数: 44 墙数: 2 级数: Intermediate
编舞者: Maddison Glover (AUS) - June 2017
音乐: The One You're Waiting On - Alan Jackson : (4:14)



Dance begins after count 32

Fwd, Rock Fwd/ Recover, Back, Coaster Cross, Side Rock/Recover, Cross, ¾ Turn

1,2&3 Step fwd on R, rock L fwd, recover weight back onto R, step back onto L
4&5 Step back on R, step L together, cross R over L
6&7 Rock L to L side, recover weight onto R, cross L over R
8& Turn ¼ L stepping back onto R, make ½ turn over L stepping L fwd (3:00)

Fwd, Rock Fwd/ Recover, Back, Coaster Cross, Side Rock/Recover, Cross, ¾ Turn

1,2&3 Step fwd on R, rock L fwd, recover weight back onto R, step back onto L
4&5 Step back on R, step L together, Cross R over L
6&7 Rock L to L side, recover weight onto R, cross L over R
8& Turn ¼ L stepping back onto R, make ½ turn over L stepping L fwd (6:00)

2x Syncopated Fwd Rock/ Recovers, Cross, Side Rock/ Recover, Cross, Side, Tap

1,2& Rock R fwd, recover back onto L, step R together
3,4& Rock L fwd, recover back onto R, step L together
5&6& Cross R over L, rock L to L side, recover weight onto R, cross L over R
7,8 Large step R to R side, tap L toe behind R (6:00)

1/8 Fwd, Step ½ Pivot, Rocking Chair, 2x Walks Fwd, Rock Fwd/ Recover, Back, Together

1,2& Turn 1/8 L stepping fwd onto L (4:30), step R fwd (4:30), pivot ½ turn over L (10:30)
3&4& Rock fwd onto R, recover weight back onto L, rock back onto R, recover fwd onto L
5,6 Step fwd on R, step fwd on L (still facing 10:30)
7&8& Rock fwd onto R, recover weight back onto L, step back onto R, step L together

Fwd (sweep), Cross, Side, Back, Back, ½ Fwd, Fwd (sweep), Cross, Side, Back, Back, 3/8 Fwd

1,2& Step fwd on R as you sweep L around clockwise, cross L over R, step R to R side (10:30)
3,4 Step back on L whilst dragging R towards L, step back on R (10:30)
& Make ½ turn over L whilst stepping fwd on L (4:30)
5,6& Step fwd on R as you sweep L around clockwise, cross L over R, step R to R side (4:30)
7,8 Step back on L whilst dragging R towards L, step back on R (4:30)
& Make 3/8 turn over L whilst stepping fwd onto L to square up (12:00)

Fwd, Slow Pivot ½, Fwd, Full Turn Roll Fwd (or x2 walks fwd)

1,2,3 Step R fwd, pivot ½ over L (slowly) keeping weight back on R, step fwd on L (6:00)
4& Make ½ turn over L stepping back on R, make ½ turn L stepping fwd on L (6:00)

Alternate for counts 4&: Step fwd R, L to take the turn out.

Restart: During the fourth sequence, you will start the dance facing 6:00.

Dance to count 26 and replace the "Step ½ Pivot" with a "Step 3/8 pivot to square up to 6:00".

Continue with the dance as usual with the rocking chair facing 6:00 and Restart the dance (after count 28)

Thanks to my Dad for suggesting this song to me xx

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