

Cruise Control

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver
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音乐: Outta Style - Aaron Watson



#48 Count Intro.

(1-8) WALK BACK (x2), SIDEROCK-CROSS (x3)

12 Step back on R, step back on L (12)
3&4 Step back on R slightly to back R diagonal, step ball of L next to R, cross R over L (12)
5&6 Rock L to L side, step ball of R next to L, cross L over R stepping slightly forward (12)
7&8 Rock R to R side, step ball of L next to R, cross R over L stepping slightly forward (12)

(Note: Counts 5-8 should travel forward on the alternating crosses)

(9-16) FULL TURN, SIDEROCK-CROSS, OUT, CLAP, 1/2-TURN SAILOR

12 Make a 1/4 turn R stepping back on L, make a 1/4 turn R stepping R to R side (6)
3&4 Make a 1/2 turn R stepping L to L side, step ball of R next to L, cross L over R (12)
56 Step R to R side, clap hands together (12)
7&8 Make a 1/4 turn L stepping L behind R, make a 1/4 turn L stepping R to R side, step forward on L (6)

(17-24) HIP-BUMP (x2) , 1/2-PIVOT, FULL-TURN

1&2 Touch R toe forward slightly at R diagonal bumping hips forward, back, step forward on R (6)
3&4 Touch L toe forward slightly at L diagonal bumping hips forward, back, step forward on L (6)**

(Optional: On Counts 1-4, you can replace hip-bumps with kick-step lock-steps)

1&2& Kick R forward, step down on R, step L behind R, step R forward
3&4& Kick L forward, step down on L, step R behind L, step L forward
56 Step forward on R, pivot 1/2 turn L taking weight on L (12)
78 Make 1/2 turn L stepping back on R, make a 1/2 turn L stepping forward on L (12)

(25-32) HIP BUMP (x2), MAMBO, SIDEROCK, BALL, 1/4-TURN STEP

1&2 Touch R toe forward slightly at R diagonal bumping hips forward, back, step forward on R (12)
3&4 Touch L toe forward slightly at L diagonal bumping hips forward, back, step forward on L (12)
5&6 Step forward on R, recover weight to L, step back on R (12)
7&8 Rock L to L side, step ball of R next to L, make a 1/4 turn R stepping forward on L (3)

(33-40) SHUFFLE, 1/2-PIVOT, SHUFFLE, MAMBO

1&2 Step forward on R, step L next to R, step forward on R (3)
34 Step forward on L, pivot 1/2 turn R taking weight on R (9)
5&6 Step forward on L, step R together with L, step forward on L (9)
7&8& Rock forward on R, recover weight to L, rock back on R, recover weight to L (9)*

(41-48) KICK-STEP-POINT (x2), LOCK, 3/4-UNWIND, MAMBO

1&2 Kick R forward, step down on R, point L to L side (9)
3&4 Kick L forward, step down on L, point R to R side (9)
56 Step R toe behind L, unwind 3/4 to R on R toe taking weight on R (6)
7&8 Rock forward on L, recover weight to R, step back on L (6)*

(Finale Styling: On Count 32 of Wall 9, cross R over L, and take a big step to R dragging L heel, staying on front wall (see video))

*After Walls 1 and 3, you will perform a 4-count Tag. .

TAG: □COASTER STEP, MAMBO

1&2 Step back on R, step L together with R, step forward on R
3&4 Rock forward on L, recover weight to R, step back on L

****On Wall 6, Restart after Count 20**

Last Update - 18th July 2017
