

Fire And The Flames

COPPER KNOB
STEPSHEETS

拍数: 128 墙数: 2 级数: Phrased Intermediate / Advanced
编舞者: Kevin Formosa (AUS) - June 2017
音乐: Believer - Imagine Dragons : (3:24)



Intro: 16 Counts - Sequence: AABC ABC AB*C

Part A – 32 Counts

A[1-8] □ Side, Back Rock, Side, Weave, Point, Touch

1,2,3,4 Step R to R side, Step L back, Replace R, Step L to L side
5&6 Step R behind L, Step L to L side, Step R across L
7,8 Point L toe to L side, Touch L beside R

A[9-16] □ Ball Step, Step, Pivot ½ L, ½ Turn, L kick, R kick

&1,2 Step L beside R, Step R foot Fwd, Step L foot Fwd
3,4 Step R foot Fwd, Pivot ½ turn L (weight L) (6.00)
5,6,7,8 ½ L Stepping back on R (12.00), Kick L fwd, Step L back, Kick R fwd
(keep these kicks low and strong)

A[17-24] □ Back, Sweep, Weave, Side, Toe Heel Twist, Ball Cross

1,2 Step R back, Sweep L front to back
3&4 Step L behind R, Step R to R side, Step L across R
5,6,7 Step R to R side, Twist L Toe to R, Twist L Heel to R(keeping weight R)
&8 Step L beside R, Step R across L

A[25-32] □ Fwd, ½ Sweep, Weave, Side, Toe Heel Twist, Ball Cross

1,2 Step L foot Fwd, ½ Turn R Sweeping R from front to back (6.00)
3&4 Step R behind L, Step L to L side, Step R across L
5,6,7 Step L to L side, Twist R Toe to L, Twist R Heel to L (keeping weight L)
&8 Step R beside L, Step L across R

Part B – 32 Counts

B[1-8] □ Stomp, Weave, Side, Sailor Step x2

1,2&3 Stomp R to R side, Step L behind R, Step R to R side, Step L across R
4 Step R to R side
5&6 Step L behind R, Step R to R side, Step L to L Side
7&8 Step R behind L, Step L to L side, Step R to R side

B[9-16] □ Ball Cross, Side, Weave, Point and Point, Heel and Toe

&1,2 Step L beside R, Step R across L, Step L to L side
3&4 Step R behind L, Step L to L side, Step R across L
5&6& Point L Toe to L side, Step L together, Point R Toe to R side, Step R together
7&8 Touch L heel fwd, Step L in place, Touch R behind L

*B[17-24] □ Stomp, Weave, Side, Sailor Step x2 (repeat counts 1-8)

1,2&3 Stomp R to R side, Step L behind R, Step R to R side, Step L across R
4 Step R to R side
5&6 Step L behind R, Step R to R side, Step L to L Side
7&8 Step R behind L, Step L to L side, Step R to R side

B[25-32] □ Ball Cross, Side Weave, Point and Point, Step, Step

&1,2 Step L beside R, Step R across L, Step L to L side
3&4 Step R behind L, Step L to L side, Step R across L

5&6& Point L Toe to L side, Step L together, Point R Toe to R side, Step R together
7,8 Step L fwd, Step R fwd

Part C – 64 Counts (R foot should already be forward from ending of part B)

C[1-8]□Pivot ½ L, Pivot ½ R with Sweep, Behind, Side, Forward, Together

1,2 Pivot ½ L (weight L), Hold (6.00)
3,4 Pivot ½ R(12.00), Sweep R from front to back
5,6,7,8 Step R behind L, Step L to L side, Step R fwd, Step L together

C[9-16]□Back, Back, ½, ½, Arms

1,2 Step R back, Step L back
3,4 ½ R stepping R fwd(6.00), ½ R Stepping L to L side(12.00)

(feet should be shoulder width apart with weight L)

5,6,7,8 R arm fwd with palm open (5), L arm fwd with palm open (6), Both arms grab and pull in (7), hold (8)

C[17-24]□Cross, Side, Rock, Hold, Replace, Side, Weave

1,2,3,4 Step R across L, Step L to L side, Rock back on R, Hold
5,6 Replace L, Step R to R Side
7&8 Step L behind R, Step R to R side, Step L across R

C[25-32]□Point, Touch, Ball Step, Step, Point, Touch, Ball Step, Step

1,2 Point R Toe to R side, Touch R together
&3,4 Step R together, Step L fwd, Step R fwd
5,6 Point L Toe to L side, Touch L together
&7,8 Step L together, Step R fwd, Step L fwd

[33-40]□Step ½ Sweep, Behind, Side, Cross, Side, Rock Cross

1,2 Step R fwd, ½ L sweeping L from front to back (6.00)
3,4,5 Step L behind R, Step R to R side, Step L across R
6,7,8 Step R to R side, Replace L, Step R across L

C[41-48]□Step ½ Hitch, Cross, Side, ½ Spiral, Step, Step

1,2 ½ L stepping L fwd, ¼ L hitching R (12.00)
3,4 Step R across L, Step L to L side
5,6 ½ Spiral turn R (keeping weight L)(6.00), Hold
7,8 Step R fwd, Step L fwd

Repeat Counts 1-16

[49-56]□Pivot ½ L, Pivot ½ R with Sweep, Behind, Side, Forward, Together

1,2 Pivot ½ L (weight L), Hold (12.00)
3,4 Pivot ½ R(6.00), Sweep R from front to back
5,6,7,8 Step R behind L, Step L to L side, Step R fwd, Step L together

C[57-64]□Back, Back, ½, ½, Arms

1,2 Step R back, Step L back
3,4 ½ R stepping R fwd(12.00), ½ R Stepping L to L side(6.00)

(feet should be shoulder width apart with weight L)

5,6,7,8 R arm fwd with palm open (5), L arm fwd with palm open (6), Both arms grab and pull in (7), hold (8)

Note:

B* - Short B – Start from count 17

Refer to video for additional arm styling

Dance will finish facing 6.00

