Good Company

级数: Improver

编舞者: Donna Manning (USA) - May 2017

音乐: Good Company - Jake Owen

#16 count intro from downbeat

拍数: 32

Sec.1 (1-8) Back , Back, Back-Out-Out, Push Turn 1/2 Turn

1,2, 3&4 Walk back R-L, back R, out-out L-R

- &5&6&7& Making ½ turn R lift L knee so that L instep comes to R calf (&), use L to push turn to the R (5), repeat for &6&7&
- 8 Cross L over R taking weight to L (6:00)

(styling options for 1,2,3&4 – dig L heel go back on R to the diagonal, dig R heel go back on L heel to the diagonal, R sailor step – R behind L, L to L side, replace R to R side)

Sec.2 (9-16) Side, Touch, Step- Staggered Heel Swivel, Rock, Recover, Step, Heel-Heel

- 1-2, 3&4 Big step to R, slide L to R, step L slightly fwrd, swivel both heels L, swivel both heels back to center taking weight to R
- 5-6 Rock back on L, recover fwrd to R
- 7&8 Step L fwrd, start half turn 1 heel at a time...turn R heel inside to L half way, turn L heel half turn taking weight (12:00)

Sec.3 (17-24) Back Rock, Recover, Triple Fwrd, 1/2 Turn, Triple

- 1-2, 3&4 Rock back on R, recover to L, step R fwrd, L instep to R heel, step R fwrd
- 5-6 Step L fwrd, ¹/₂ turn to R taking weight
- 7&8 Step L fwrd, R instep to L heel, step L fwrd (6:00)

Sec.4 (25-32) Side Rock & Cross (2X), Back Triple (or lock steps) 2X

1&2, 3&4 Push of ball of R to R side, recover weight to L, cross R over L, Push off ball of L to L side, recover weight to R, cross L over R

(these should move slightly forward- you may hear and want to catch the quick & count- &1-2, &3-4 in different places in the music)

5&6, 7&8 Step R back, L heel to R instep, R back....Step L back, R heel to L instep, L back (6:00)

TAG*** 3rd time you start the back wall is wall 6 – you'll finish facing the front – tag will take you to the back wall to Restart

(2 Counts) - Touch R toe 1/2 turn R keeping weight back on L - style what you feel

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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