

Catch You

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Sandy Kerrigan (AUS) - June 2017
音乐: Catch You - Luke O'Shea & Amber Lawrence : (iTunes)



Dance starts on lyrics

Dance Info: Dance starts with wt on R – BPM [178:] – Track Length 3.34

Step Side with Drag, Behind, Side, Fwd Lock with Drag, Fwd, ¼ Pivot Turn, Cross, Side Shuffle ¼ Hinge

1 2 & Step L to L-Dragging R, Step R Behind L, Small Step L to L Side
3 4 & Step Fwd R- Dragging L, Lock L Behind R, Step Fwd R
5 6 7 Step Fwd L, ¼ Pivot Turn R-wt on L, Cross L over R
8 & 1 & Step R to R, Step L next to R, Step R to R-1/4 Hinge Turn L 12:00

L Side Shuffle, Cross, ¼, ¼, ½ Back, Step 1/4 Side, Back Rock , Step Side 3:00

2 & 3 Step L to L, Step R next to L, Step L to L
4 & 5 Cross R over L, Turning R-1/4 R-step Back on L, ¼ R-Step R to R 6:00
6 7 Turn ½ R-Step Back on L (using your R foot to turn from the previous step) Turn ¼ R-Step R to R Side
8 & 1 Rock Back L, Replace To R, Step L to L Side

Cross, Side, Back Rock Step, 1/4, ¼, Cross, Scissor Step 9:00

2 3 Cross R over L, Step L to L Side
4 & 5 6 Rock Back on R, Replace Fwd to L, Turning ¼ L-Step Back R, ¼ L-Step L to L Side
7 8 & 1 Cross R over L, Step L to L Side, Step R next o L, Cross L over R

¼ L Step Back, ½ L Fwd, Step Fwd, ¼ Pivot Turn, Cross, Step Side, Together, Step Side, & Together 9:00

2 3 4 & 5 Turning L- ¼ Step Back R, ½ L Step Fwd L, Step Fwd R, ¼ pivot Turn L-wt on L, Cross R over L
6 7 8 & Step L to L Side, Step R next to L, Step L to L Side, Step R next o L

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