

Little Nancy Mulligan

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Easy Beginner
编舞者: Ron Bloye (UK) - June 2017
音乐: Nancy Mulligan - Ed Sheeran : (iTunes & Amazon)



Intro: (16 counts from music start)□

Sec 1: Side Together, Side Together Side, - To the Right and To the Left

1 - 2 Step Right to the Right - Step Left next to Right.
3 & 4 Step Right to the Right - Step Left next to Right - Step Right to Right side. .
5 - 6 Step Left to the Left - Step Right next to Left
7 & 8 Step Left to the Left – Step Right next to Left - Step Left to Left Side

Sec 2: Heel Hook Right Shuffle R.L.R - Heel Hook Left Shuffle L.R.L

1 - 2 Hook Right Heel in Front and Across Left Leg
3 & 4 Shuffle Forward Right.Left.Right.
5 - 6 Hook Left Heel in Front and Across Right Leg
7 & 8 Shuffle Forward Left.Right.Left.

Sec 3: Rock Rec Coaster Step – Rock Rec ½ Turn Shuffle

1 - 2 Rock Forward Right – Recover on Left
3 & 4 Step Back Right – Put Left next to Right – Step Forward Right
5 - 6 Rock Forward Left – Recover on Right
7 & 8 ½ turn over Left Shoulder and Shuffle forward Left.Right.Left.

***Restart Here 24 counts on 1st wall Only**

Sec 4: R.Heel L.Heel R.Heel. Clap Clap & L.Heel R.Heel L.Heel. Clap Clap.

1&2&3&4 Right Heel, Left Heel. Right Heel, Clap, Clap
&5&6&7&8 Bring right next to left then Left Heel, Right Heel, Left Heel, Clap, Clap
& Bring left foot next to right to start next wall

(This Looks Hard – but is Very Easy)

***Restart on wall 1 after 24 counts {6 o'clock}**

**** On last wall you will be at 6 o'clock on Sec 4 do :-first 4 counts and then L.Heel, R.Heel, Step ½ Turn Right & Pose**

Was asked by my beginners last week for a dance so they could dance alongside our Improvers and Intermediates with a floor split to Nancy Mulligan, by Maggie G & Gary O'Reilly, as they loved the music – so here it is - hope you like !!!!

Contact – Email: marion.bloye@btinternet