

Ciao Adios

拍数: 32 墙数: 4 级数: Novice
编舞者: Roy Hoeben (NL) - June 2017
音乐: Ciao Adiós - Anne-Marie



Walk, walk, side , rock step, side rock step, touch, swivel.

- 1 RF step forward.
- 2 LF step forward.
- 3 RF $\frac{1}{4}$ turn left step right.
- & LF rock behind RF.
- 4 RF weight transfer.
- 5 LF step left.
- & RF rock behind LF.
- 6 LF weight transfer.
- 7 RF touch forward.
- & LF RF swivel heel right.
- 8 LF RF swivel heel back.

$\frac{1}{4}$ turn hip turn, cross step, cross shuffle.

- 1 RF step forward.
- 2 LF $\frac{1}{8}$ turn left hip turn left to right step next to RF.
- 3 RF step forward.
- 4 LF $\frac{1}{8}$ turn left hip turn left to right step next to RF.
- 5 RF cross over LF.
- 6 hold.
- & LF step left.
- 7 RF cross over LF.
- & LF step left.
- 8 RF cross over LF.

Touch, touch, cross, heel, cross, heel, step turn.

- 1 LF touch left.
- & LF next RF.
- 2 RF touch right.
- 3 RF cross over LF.
- & LF step left.
- 4 RF heel diagonale forward.
- & RF next LF.
- 5 LF cross over RF.
- & RF step right.
- 6 LF heel diagonale forward.
- & LF next RF.
- 7 RF step forward.
- 8 LF $\frac{1}{2}$ turn left.

Cross step, sweep, sailor $\frac{1}{2}$ turn cross, slide.

- 1 RF $\frac{1}{2}$ turn left step back.
- 2 LF $\frac{1}{4}$ turn left step left.
- 3 RF cross over LF.
- 4 LF step left RF sweep back.
- 5 RF cross behind LF.

- & LF ¼ turn right step back.
- 6 RF ¼ turn right cross over LF.
- 7 LF step left.
- 8 RF drag next LF.

Restart: at the 2 wall after the first 16 counts.

Only count 16 is not a & count but normal count , step that step not left but back.

Contact: royhoeben@hotmail.com
