

# Lonely Drum

拍数: 32      墙数: 4      级数: Improver  
编舞者: Darren Mitchell (AUS) - June 2017  
音乐: Lonely Drum - Aaron Goodvin : (iTunes)



(Intro: 40 counts)

## STOMP, BOUNCE, BOUNCE, BOUNCE, TOE-HEEL-STOMP, TOE-HEEL-STOMP

1&2&      Stomp R forward, raise R heel up, drop R heel to the ground, raise R heel up,  
3&4      Drop R heel to the ground, raise R heel up, drop R heel to the ground,  
5&6      Touch L toe together, touch L heel together, stomp L forward,  
7&8      Touch R toe together, touch R heel together, stomp R forward. (12:00)

## PADDLE TURN, SHUFFLE ACROSS, HIP-HIP-HIP, BEHIND-SIDE-ACROSS

1,2      Paddle turn: Step L forward, turn 90 degrees right take weight onto right,  
3&4      Shuffle L across in front of right: L-R-L,  
5&6      Step R to the side pushing hips: R-L-R,  
7&8      Step L behind right, step R to the side, step L across in front of right. (3:00)

## TOE & TOE & HEEL & HEEL, TOGETHER, WALK, WALK, SHUFFLE FORWARD.

1&      Touch R toe to the side, step R together,  
2&      Touch L to the side, step L together,  
3&      Touch R heel forward, step R together,  
4&      Touch L heel forward, step L together  
5,6      Step R forward, step L forward,  
7&8      Shuffle forward: R-L-R. (3:00)

## PIVOT TURN, SHUFFLE FORWARD, STEP, DRAG, STEP, DRAG

1,2      Pivot turn: step L forward, turn 180 degrees right take weight onto right,  
3&4      Shuffle forward: L-R-L,  
5,6      Step R a big step forward, drag L towards right,  
7,8      Step L a big step forward, drag R towards left. (9:00)

[32]□REPEAT

**Restart: at the end of wall 3, add the following 8-count tag, then restart the dance at 3:00**

1,2      Step R forward, rock back onto left,  
3&4      Shuffle back: R-L-R,  
5,6      Step L back, rock forward onto right,  
7&8      Shuffle forward: L-R-L.

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