

Lonesome

拍数: 32 墙数: 4 级数: Beginner
编舞者: Guylaine Bourdages (CAN) - June 2017
音乐: Lonesome - Doug Adkins : (Album: Single)



Intro : 16 counts

[1-8] (Basic Chacha to the right) RF to Right, LF rock Step Forward, Chassé to the left (LRL), RF Rock Step back

1-3 RF to Right, Rock Step LF forward, Recover on RF
4&5 Chassé to Left (LF to Left, RF besideLF, LF to Left)
6-7 Rock Step RF Back, Recover on LF

[9-16] Lock Step forward (RLR), LF Rock Step Forward, Triple Step (LRL), RF Rock Step Back

8&1 (Lock Step forward RLR) RF Forward, Lock LF behind RF, LF forward)
2-3 Rock Step LF forward, Recover on RF
4&5 Triple Step On Place (LRL)
6-7 Rock Step RF Back, Recover on LF

[17-24] Lock Step Forward (RLR), LF Step Turn 1/4R, Cross Shuffle (GDG), Side, Behind

8&1 (Lock Step forward RLR) RF Forward, Lock LF behind RF, LF forward)
2-3 LF Forward, 1/4R transfer weight on RF (3H)
4&5 LF cross in front of RF, RF to Right, LF cross in front of RF
6-7 RF to Right, LF cross Behind RF

[25-32] Chassé to the Right, (LF) Cross Rock Step , Chassé to The Left, Cross, Side Touch

8&1 Chassé to Right (RF to Left, LF beside RF, RF to Right)
2-3 Rock Step LF cross in Front of RF, Recover on RF
4&5 Chassé to Left (LF to Left, RF besideLF, LF to Left)
6-7 RF cross in front of LF, LF to Left
8 Touch RF beside LF

Have Fun and Smileeee

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