

You Can't Go Back

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Anne Lis Gaardsvig Nielsen - June 2017
音乐: You Can't Go Back - Hal Ketchum



Intro 32 counts

SECT 1: VINE RIGHT, SCUFF, VAUDEVILLE, STOMP

1-4 Step R to R side, cross L behind R, Step R to R side, scuff L beside R
5-8 Cross L over R, step back on R, L heel fwd, step on L

SECT 2: ROCK FWD, RECOVER, ¼ TURN R. ROCK FWD, RECOVER, COASTERSTEP R, SCUFF

1-4 rock fwd on R, recover L, ¼ turn R and rock fwd on R, recover L
5-8 Step back on R, step L beside R. step fwd on R, scuff L

SECT 3: STEP FWD L, STOMP R, STEP BACK ON L, HOLD, TOESTRUT BACK R, TOESTRUT 1/2 TURN L

1-4 Step fwd on L, stomp R beside L, step back on L, hold
5-8 Step R toe back, R heel down, L toe back, ½ turn L, L heel down

SECT 4: PIVOT TURN L, SCUFF L, KICK L, STOMP HEELSPLIT, TOGETHER.

1-4 Step fwd on R, ½ turn L, step on R, scuff L
5-8 Kick L fwd, stomp L, heelsplit, together. (weight on L)

#1. TAG 8 counts after 2nd wall:

ROCKING CHAIR R, KICK R, STOMP, HEELSPLIT, TOGETHER

1-4 Rock fwd on R, recover (stomp) on L, rock back on R, stomp L
5-8 Kick R fwd, stomp R, heelsplit, together. (weight on L)

#5th Wall Restart after count 28, which is a stomp L instead of a scuff.

#2. TAG 4 counts after 8th wall

ROCKING CHAIR R

1-4 Rock fwd on R, recover (stomp) on L, rock back on R, stomp L

HAVE FUN YEEAAHAUW

Contact: www.countrydance.dk - annelis.leif@gmail.com